

## SUSTAINABILITY POLICY WELLBEING AND STUDENT SOCIETIES

### OFFICE OF THE SENIOR TUTOR, UAF

#### SCOPE:

This policy covers the wellbeing aspects of UAF campus community including university employees, students and other stakeholders.

#### A. WELLBEING

It is essential to prioritize the well-being of university employees, including staff and faculty. To achieve this, the university aims to ensure that employees feel valued and satisfied in their roles. To support this objective, establish recreational and sports facilities for staff. Additionally, the university's efforts to address the residential needs of employees will be expanded to accommodate those currently underserved.

In terms of spiritual well-being, the university provides a mosque for the Muslim community and a church for the Christian community. These facilities enable individuals to comfortably practice their religious activities. Furthermore, the university offers spiritual platforms, such as the Qirat and Naat Club and Seerat Chair, to cater to students' spiritual needs.

To promote physical well-being among students, the university offers separate playgrounds and sports facilities for men and women. Students are encouraged to participate in various sports activities and competitions to foster a healthy lifestyle. The university remains committed to encouraging students to engage in physical activities.

Social well-being is also prioritized, with students encouraged to gather in communal spaces like cafeterias to share their experiences and connect with each other. The university provides various platforms for students to interact and build relationships, fostering a sense of community.

Environmental well-being is deemed crucial, and the university ensures that individuals feel safe and comfortable in their physical surroundings. To maintain this, the university enforces strict discipline and addresses any behavior that compromises safety and comfort. The Directorate of Student Affairs is vigilant in addressing environmental concerns.

Minimize the use of plastics and other environmental hazardous material.

Financial well-being is supported through a vibrant financial assistance programs. Business incubation centers and the National Information Centre, aimed at encouraging student entrepreneurship. Entrepreneurial and freelancing clubs provide students with the necessary training and support to generate income through free lancing and startups.

Efforts are underway to establish a neurocognitive center to address mental and psychological well-being. It is recommended that the university should appointment of psychological counselors to support students facing mental health challenges.

#### Anti-Corruption Efforts

The university hosts a student chapter of the national accountability bureau, known as the Character Building Society, which is dedicated to combating corruption. This society regularly organizes seminars and rallies to raise awareness among university members about the detrimental effects of corruption.

### **B. STUDENT SOCIETIES**

The university boasts a comprehensive system of student societies, managed by various administrative bodies including the Senior Tutor Office, Directorate of Student Affairs, academic departments, and faculties. The Senior Tutor Office oversees 19 clubs and societies, while the Directorate of Student Affairs manages two societies. Additionally, each department, directorate, and faculty have its own society. These student-run organizations provide opportunities for students to engage in both professional and extracurricular activities. They receive logistical and budgetary support from the university, which remains committed to their continued support.

At the hostel level, each hostel has its own society to address specific issues relevant to its residents.

An Association for the Advancement of Sustainability to be established to educate both students and employees about the importance of sustainability and its role in fostering a healthy society.