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## ورلڈ ہائپرٹینشن ڈے کے حوالے سے زرعی یونیورسٹی میں سیمینار کا انعقاد

روزانہ 20 منٹ واک کی عادت اپنانا، جلد سونا اور کولڈ ڈرکس سے اجتناب کرنا انتہائی ضروری ہے: ڈاکٹر احمد بلال

معروف پروفیسر آف میڈیسن ڈاکٹر احمد بلال نے کہا ہے کہ صحت مند طرز زندگی کو اپنانا نہ صرف بیماریوں پر قابو پایا جاسکتا ہے بلکہ اس کے ساتھ ساتھ ہیلتھ بجٹ میں پچاس فیصد کمی بھی لائی جاسکتی ہے۔ ان خیالات کا اظہار انہوں نے زرعی یونیورسٹی فیصل آباد میں منعقدہ ورلڈ ہائپرٹینشن ڈے کے حوالے سے سیمینار میں بطور مہمان خصوصی اپنے خطاب کے دوران کیا۔ آرگنائزنگ کمیٹی میں فوکل پرسن پروفیسر ڈاکٹر جلال عارف پرنسپل آف سر شعبہ تعلقات عامہ و مطبوعات، ڈین فوڈ سائنسز پروفیسر ڈاکٹر مسعود صادق بٹ، پروفیسر ڈاکٹر فرزانہ رضوی، ڈاکٹر طاہرہ الطاف، ڈاکٹر شہاب خان اور ڈاکٹر معصومہ قمر شامل تھے۔ ڈاکٹر احمد بلال نے کہا کہ افراد کو کم از کم دن میں بیس منٹ سیر کی عادت کو اپنانا انتہائی ضروری ہے۔ انہوں نے کہا کہ ہر انسان کو چوبیس گھنٹے میں دس ہزار قدم چلنا چاہیے تاکہ ان کی صحت بہتر رہ سکے۔ ان کا کہنا تھا کہ نارمل بلڈ پریشر 120 اور 80 سے کم ہوتا ہے جبکہ ہمارے ہاں اسے 120 اور 80 تصور کیا جاتا ہے جو کہ حقائق پر مبنی نہیں ہے۔ انہوں نے کہا کہ ہم جلدی اٹھنے اور جلدی سونے کی عادت کو اپنانا صحت کے اصولوں کے مطابق زندگی بسر کر سکتے ہیں۔ انہوں نے کہا کہ ہر فرد کیلئے ایک چائے کا چمچ نمک جو کہ کچھ کی سطح کے برابر ہو پورے دن کیلئے کافی ہے تاہم نمک کے زیادہ استعمال سے صحت کے جملہ مسائل جنم لیتے ہیں۔ انہوں نے کہا کہ ہمیں آٹھ بجے تک ناشتہ کر لینا چاہیے جبکہ دوپہر کا کھانا ناشتے سے کم اور رات کا کھانا دوپہر کے کھانے سے کم اپنانا ہوگا۔ انہوں نے کہا کہ مرد کی ویسٹ 35 انچ اور عورت کی ویسٹ 30 انچ تک یا اس سے کم ہونی چاہیے۔ انہوں نے اس امر پر افسوس کا اظہار کیا کہ پاکستان میں ذیابیطیس کے مریضوں میں بڑی تیزی سے اضافہ ہوا۔ انہوں نے کہا کہ چائے کے کپ دو سے زیادہ ایک دن میں نہیں پینے چاہیے اور کولڈ ڈرکس سے اجتناب کرنا چاہیے۔

### SITUATION VACANT

Application are invited for one post of DPL (Unskilled Labor) (as per UAF prescribed rates) for the period not exceeding 89 days in KCDC, Korea funded project titled "Dengue virus transmission cycle in adult mosquitoes and impact of control strategies in high risk disease areas" (Phase-4). The appointment will be purely on contract basis. Candidate should be healthy and fit for field work. Application on plain paper alongwith attested copy of CNIC should reach in the office of Prof. Dr. Waseem Akram, Department of Entomology, UAF during office hours within 7 days after the publication of this notice. Applications either incomplete or received after due date will not be entertained. The University reserves the right not to fill vacancy without assigning any reason.

### PhD THESIS/SYNOPSIS DEFENCE

1. Synopsis defense of Ms. Isha Sadiq, Regd. No. 2018-ag-4152, PhD Biochemistry titled "Co-culture production and immobilization of enzymes for development of efficient biodegradants" will be held on 19-05-2023 at 09:00 am in Biochemistry Lecture Room No. 4. All interested are invited to attend.
2. Mr. Hafeez ur Rehman, Regd. No. 2020-ag-924, is a PhD student in the Department of Botany and he will defend his PhD synopsis at the University level on 18-05-2023 at 09:00 am in the Department of Botany UAF Community College, PARS. The title of his synopsis is "Exploring the potential role of organic fertilizers in maize (*Zea mays* L.) under abiotic stresses". All interested are requested to participate.
3. Synopsis defense of Ms. Shagufta Malik, Regd. No. 2020-ag-1303, PhD Biochemistry entitled "Inhibition of MAPK/ERK Pathway by Multi-targeting Compounds in KRAS driven Lungs Cancer" will be held on 19-05-2023 at 11:00 am in Postgraduate Research Block for Biochemistry. All interested are invited to attend.

4. The synopsis defense of Mr. Shiraz Rafaqat, Regd. No. 2016-ag-7277, PhD student at the National Institute of Food Science & Technology, will be held on 24-05-2023 at 02:00 pm in video conference room, National Institute of Food Science & Technology, UAF. The title of his synopsis is "Development and nutrition profiling of soy meat analogue to attenuate malnutrition". All interested participants are cordially invited.
5. Mr. Husnain Riaz, Regd. No. 2020-ag-746, PhD (Environmental Science) student of the Institute of Soil and Environmental Sciences will defend his synopsis in a seminar at the University level on 23-05-2023 at 11:50, am in the Library of the Institute of Soil and Environmental Sciences. The title of his synopsis is "Carbon and Nitrogen budgeting in different Rice Production systems". All the faculty members are requested to attend the presentation.
6. The synopsis defense of Mr. Hafiz Muhammad Junaid Saqib, Regd. No. 2019-1385, PhD student at the National Institute of Food Science & Technology, will be held on 25-05-2023 at 11:00 am in video conference room, National Institute of Food Science & Technology, UAF. The title of his synopsis is "Development and nutritional profiling of vegan instant powder for lactose intolerant primary adults". All interested participants are cordially invited.
7. The synopsis defense of Hira Shair, Regd. No. 2003-ag-1991, PhD student at the National Institute of Food Science & Technology, will be held on 23-05-2023 at 02:00 pm in video conference room, National Institute of Food Science & Technology, UAF. The title of her synopsis is "Ultrasonic assisted extraction, characterization and application of dietary fibres from barley variants". All interested participants are cordially invited.
8. The synopsis defense of Sadia Ansar, Regd. No. 2016-ag-6391, PhD student at the National Institute of Food Science & Technology, will be held on 19-05-2023 instead of 18-05-2023 at 11:00 am in video conference room, National Institute of Food Science & Technology, UAF. The title of her synopsis is "Genotypic, structural and functional characterization of starches isolated from locally grown tuber crops". All interested participants are cordially invited.
9. The synopsis defense of Miss Maham Fatima, Regd. No. 2020-ag-706, PhD Human Nutrition and Dietetics student at the National Institute of Food Science and Technology (NIFSAT) will be held on 19-05-2023 at 09:30 am in Video Conference Room. The title of her synopsis is "Nutritional Suitability of the Multifaceted Plant Based Source to Attenuate Malnutrition". All the interested members and students are cordially invited to participate in the said activity at video conference room (NIFSAT).
10. Ms. Saira Mehboob, Regd. No. 2000-ag-1142, PhD student in the Department of Plant Pathology, UAF will defend her PhD synopsis at university level on 22-05-2023 at 02:30 pm in the seminar room Department of Plant Pathology. The title of her synopsis is "Estimation of biochemical compound of rice using endophytes as management tool towards fungal seed borne pathogens". All interested are requested to participate.
11. Miss Mehreen Malik, Regd. No. 2019-ag-422, student of the Institute of Soil and Environmental Sciences will defend her synopsis in a seminar at the University level on 23-05-2023 at 11:30 am in the Library of the Institute of Soil and Environmental Sciences. The title of her synopsis is "Drought and salinity impacts on rhizo-microbial activities in maize crop". All the faculty members are requested to attend the presentation.
12. Miss Raafia Anam Saeed, Regd. No. 2016-ag-6987, PhD (Environmental Science) student of the Institute of Soil and Environmental Sciences will defend her synopsis in a seminar at the University level on 23-05-2023 at 10:10 am in the Library of the Institute of Soil and Environmental Sciences. The title of her synopsis is "Prospects for immobilization of arsenic on silver-iron doped carbon nanotubes composite and endophytic bacteria in arsenite contaminated soil". All the faculty members are requested to attend the presentation.
13. Miss Fatima Feroz, Regd. No. 2016-ag-6381, PhD (Environmental Science) student of the Institute of Soil and Environmental Sciences will defend her synopsis in a seminar at the University level on 23-05-2023 at 10:30 am in the Library of the Institute of Soil and Environmental Sciences. The title of her synopsis is "Assessment of nitrogen fate in rice-wheat cropping system using APSIM". All the faculty members are requested to attend the presentation.
14. Miss Tehreem Fatima, Regd. No. 2016-ag-6200, PhD (Environmental Science) student of the Institute of Soil and Environmental Sciences will defend her synopsis in a seminar at the University level on 23-05-2023 at 09:50 am in the Library of the Institute of Soil and Environmental Sciences. The title of her synopsis is "Integrated remediation of textile industry wastewater using floating treatment wetlands". All the faculty members are requested to attend the presentation.
15. The synopsis defense of Ms. Aqsa Sattar, Regd. No. 2015-ag-7396, PhD student at the National Institute of Food Science & Technology, will be held on 25-05-2023 at 12:00 noon in video conference room, National Institute of Food Science & Technology, UAF. The title of her synopsis is "Phytochemical screening of Ziziphus mauritiana Lamk. And assessing its therapeutic potential against acute lung injury in animal model. All interested participants are cordially invited.
16. The synopsis defense of Ms. Marriam, Azhar, Regd. No. 2016-ag-7312, PhD student at the National Institute of Food Science & Technology, will be held on 19-05-2023 at 12:00 noon in video conference room, National Institute of Food Science & Technology, UAF. The title of her synopsis is "Ameliorative potential of Rosehips (Rosa Canina) against arthritis in rat models". All interested participants are cordially invited.
17. The synopsis defense of Ms. Maham Aftab, Regd. No. 2015-ag-7421, PhD student at the National Institute of Food Science & Technology, will be held on 25-05-2023 at 09:30 am in video conference room, National Institute of Food Science & Technology, UAF. The title of her synopsis is "Phytochemical profiling of Black Persimmon (Diospyros lotus L.) and its potential effect on acute kidney injury". All interested participants are cordially invited.
18. Mr. Muhammad Zeeshan Naeem, Regd. No. 2014-ag-5650, PhD scholar of the National Institute of Food Science & Technology, will defend his PhD synopsis on 23-05-2023 at 03:00 pm publicly on video conference room, NIFSAT, UAF. The title of his synopsis is "Development and characterization of renewable bio-adsorbent for the removal of heavy metals from wastewater". All interested participants are cordially invited.



19. Ms. Sumaira Younis, Regd. No. 2010-ag-706, PhD Chemistry student of the Department of Chemistry has successfully defended her thesis entitled "Development of Functional Nanomaterials for Photocatalysis and Biosensing Applications" as required under the rules on 15-05-2023.
20. Ms. Tayyba Batool, Regd. No. 2018-ag-3710, a PhD student under the supervision of Prof. Dr. Hammad Ahmad Khan, Department of Zoology, Wildlife & Fisheries, UAF will defend her synopsis on 02-06-2023 at 09:30 am at Lecturer Room-1 Department of Zoology, Wildlife & Fisheries. The topic of her synopsis is "Behavioral studies on the roosts and nests impacted by climate changes on some psittacids in the Agro-ecosystems of Faisalabad, Pakistan". Members of supervisory committee are requested to make it convenient to attend and evaluate. All interested persons may participate in this synopsis defense.
21. Ms. Fatima Talib, Regd. No. 2017-ag-776, a PhD student under the supervision of Prof. Dr. Hammad Ahmad Khan, Department of Zoology, Wildlife & Fisheries, UAF will defend her synopsis on 02-06-2023 at 09:00 am at Lecturer Room-1 Department of Zoology, Wildlife & Fisheries. The topic of her synopsis is "Effects of the repellants for some birds pests in Faisalabad, Pakistan". Members of supervisory committee are requested to make it convenient to attend and evaluate. All interested persons may participate in this synopsis defense.
22. Ms. Nida Aslam Chatta, Regd. No. 2017-ag-761, a PhD student under the supervision of Prof. Dr. Hammad Ahmad Khan, Department of Zoology, Wildlife & Fisheries, UAF will defend her synopsis on 26-05-2023 at 09:00 am at Lecturer Room-1 Department of Zoology, Wildlife & Fisheries. The topic of her synopsis is "Effects of some heavy metals on the behavior of the selected aquatic birds in central Punjab, Pakistan". Members of supervisory committee are requested to make it convenient to attend and evaluate. All interested persons may participate in this synopsis defense.
23. Thesis defense of Ms. Anam Hameed, Regd. No. 2010-ag-2099, PhD scholar of the National Institute of Food Science & Technology, will be held on 22-05-2023 at 09:30 am in video conference Room, National Institute of Food Science & Technology, UAF. The title of her thesis is "Development of Protein Enriched Barley based Extruded Functional Snacks". All interested participants are cordially invited.
24. Miss Ayesha Farzand, Regd. No. 2015-ag-6979, PhD (Environmental Science) student of the Institute of Soil and Environmental Sciences will defend her synopsis in a seminar at the University level on 23-05-2023 at 09:30 am in the Library of the Institute of Soil and Environmental Sciences. The title of her synopsis is "Long-term impacts of conservation agricultural practices on carbon sequestration in wheat-maize cropping system". All the faculty members are requested to attend the presentation.
25. Mr. Mudassar Iqbal, Regd. No. 2001-ag-990, PhD student of the Department of Plant Breeding and Genetics is going to defend his PhD synopsis on 25-05-2023 at 01:30 pm in the Departmental Library, UAF. All concerned are requested to make it convenient to attend. The title of his PhD synopsis is "Breeding pea (*Pisum sativum* L.) for improved productivity, powdery mildew tolerance and wide adaptation".
26. Ms. Amna Yousaf, Regd. No. 2015-ag-3352, a student of PhD Economics will defend her synopsis on 19-05-2023 at 10:00 am in the seminar room of the Faculty of Social Sciences. The title of her synopsis is "Assessing the Short-run and long-run impacts of climate change on Agriculture in South Asian Countries: A Macroeconomic Approach. All the teachers and student of the faculty as well as others who are interested are requested to attend the seminar please.
27. Mr. Jazab Shafqat, Regd. No. 2018-ag-382, is a PhD student in the Department of Botany and he will defend his PhD synopsis at the University level on 18-05-2023 at 10:00 am in the Science Block Department of Botany. The title of his synopsis is "Aquatic Grasses; distribution, ecology and adaptive components". All interested are requested to participate.
28. Miss Sadia Azam, Regd. No. 2018-ag-66, PhD student, Institute of Horticultural Sciences, will defend her PhD synopsis at University level in Landscape Studio, UAF on 23-05-2023 at 03:30 pm. The title of her synopsis is "Postharvest Application of 1-MCP to Extend Storage Life of Mango cv. Sufaid Chausa".
29. Miss Shiza Muqadas, Regd. No. 2014-ag-5032, PhD student, Institute of Horticultural Sciences, will defend her PhD synopsis at University level in Landscape Studio, UAF on 23-05-2023 at 04:00 pm. The title of her synopsis is "Prolonging the quality and shelf life of Papaya through pre and postharvest management".
30. Mr. Muhammad Raheel Javaid, Regd. No. 2019-ag-114, PhD student, Institute of Horticultural Sciences, will defend his PhD synopsis at University level in Landscape Studio, UAF on 23-05-2023 at 03:00 pm. The title of his synopsis is "Optimization of Various Soilless Substrates for Vegetables Production in Plug Trays and Grow Bags".
31. The synopsis defense of Mr. Muhammad Arham Rauf, Regd. No. 2016-ag-6546, PhD Food Technology student at the National Institute of Food Science and Technology (NIFSAT) will be held on 22-05-2023 at 09:00 am in Video Conference Room. The title of his synopsis is "Development and quality evaluation of multi-targeted nut-based powder mix for optimal health". All the interested faculty members and students are cordially invited to participate in the said activity at Video Conference Room (NIFSAT).
32. Mr. Muhammad Zeeshan Naeem, Regd. No. 2014-ag-5650, PhD scholar of the National Institute of Food Science & Technology, will defend his PhD synopsis on 23-05-2023 at 03:00 pm publicly on video conference room, NIFSAT, UAF. The title of his synopsis is "Development and characterization of renewable bio-adsorbent for the removal of heavy metals from wastewater". All interested participants are cordially invited.
33. The synopsis defense of Ms. Aqsa Sattar, Regd. No. 2015-ag-7396, PhD student at the National Institute of Food Science & Technology, will be held on 25-05-2023 at 12:00 noon in video conference room, National Institute of Food Science & Technology, UAF. The title of her synopsis is "Phytochemical screening of *Ziziphus mauritiana* Lamk. And assessing its therapeutic potential against acute lung injury in animal model". All interested participants are cordially invited.
34. Synopsis defense of Ms. Iqra Saleem, Regd. No. 2020-ag-1342, PhD Biochemistry titled "Biogenic synthesis of Nanoparticles of medicinal Plants and their bioanalytical and pharmacological potential" will be held on 18-05-2023 at 01:30 pm in Biochemistry Lecture Room No. 1. All interested are invited to attend.
35. Synopsis defense of Ms. Muafia Baigum, Regd. No. 2020-ag-1350, PhD Biochemistry titled "Modulation of KRAS gene expression in colorectal cancer by targeting promoter G-quadruplexes by naturally occurring bioactives" will be held on 17-05-2023 at 11:30 am in Biochemistry Lecture Room No. 1. All interested are invited to attend.
36. Synopsis defense of Ms. Ajwa, Regd. No. 2018-ag-570, PhD Biochemistry titled "Synthesis characterization and Pharmacological potential of Bioengineered Nanoparticles" will be held on 18-05-2023 at 11:30 am in Biochemistry Lecture Room No. 1. All interested are invited to attend.
37. Synopsis defense of Ms. Muniba Karamat, Regd. No. 2020-ag-1358, PhD Biochemistry titled "Nanotechnology approach for exploring enhanced phytochemistry and bioactivities of a polyherbal formulation" will be held on 18-05-2023 at 12:30 pm in Biochemistry Lecture Room No. 1. All interested are invited to attend.
38. Miss Tahrim Ramzan, Regd. No. 2018-ag-321 is a PhD student in the Department of Botany and she will defend her PhD synopsis at the University level on 19-05-2023 at 10:00 am in the Lecture Theater of Botany Department. The title of her synopsis is "Response of canola (*Brassica napus* L.) to exogenous application of melatonin and ascorbic acid under saline conditions". All interested are requested to participate.
39. Miss Alisha, Regd. No. 2019-ag-419, PhD (Environmental Sciences) student at the Institute of Soil and Environmental Sciences will defend her synopsis in a seminar at the University level on 23-05-2023 at 11:10 am in the Library of Institute of Soil and Environmental Sciences. The title of her synopsis is "Green synthesis of nanomaterials for effective degradation of synthetic dyes, waste-water treatment and risk assessment".
40. Synopsis defense of Miss Raheeba Akbar, Regd. No. 2020-ag-1233, PhD student (Chemistry) entitled "Synthesis and characterization of ternary composites for environmental remediation" will be held on 18-05-2023 at 09:30 am in the Chemistry Lecture Room No. 3. All interested are invited to attend.
41. Miss Arshia Zia, Regd. No. 2019-ag-1997, is a PhD student in the Department of Botany and she will defend her PhD synopsis at the University level on 19-05-2023 at 09:00 am in the Lecture Theater of Botany Department. The title of her synopsis is "Potential role of exogenous application of melatonin and salicylic acid on sunflower (*Helianthus annuus* L.) under saline conditions". All interested are requested to participate.



42. Mr. Muhammad Usama Mustafa, Regd. No. 2016-ag-6027, PhD (Environmental Sciences) student at the Institute of Soil and Environmental Sciences will defend his synopsis in a seminar at the University level on 23-05-2023 at 10:50 am in the Library of Institute of Soil and Environmental Sciences. The title of his synopsis is "Phytoremediation of Marginal Lands by integrating Glycophytes with Halophytes for Sustainable Agroecosystem".
43. Ms. Fatima Waheed, Regd. No. 2016-ag-7254, PhD student of Human Nutrition and Dietetics at National Institute of Food Science & Technology, will defend her PhD synopsis on 24-05-2023 at 02:00 pm publicly on video conference room, NIFSAT, UAF. The title of her synopsis is "Investigating the promising effect of yogurt enriched with co-encapsulated synbiotics and cinnamon extract in the regimen of colorectal cancer". All interested participants are cordially invited.
44. Ms. Ayesha Javed, Regd. No. 2016-ag-6204, is a PhD student of the Department of Plant Pathology will defend her PhD synopsis at the University level on 22-05-2023 at 01:30 pm in the D-176 Room, Department of Plant Pathology, UAF. The title of her synopsis is "Identification and Characterization of nematophagous fungi in Combination with Biochar for root-knot nematode management in Okra". All interested are requested to participate.
45. Mr. Muhammad Usama Ameer, Regd. No. 2016-ag-6817, a PhD student of the Department of Plant Pathology, has successfully defended his PhD synopsis at University level on 15-05-2023. The title of his synopsis is "Integrated Management of Root Knot Nematodes (*Meloidogyne spp.*) on Soybean (*Glycine max*)".
46. Miss Qamer Naseer, Regd. No. 2019-ag-3432, is a PhD student has successfully defended her synopsis on 17-04-2023. The title of her synopsis is "Phytoremediation potential of Brassica spp. and its enhancement through chemical and regulatory amendments".
47. Ms. Rubiha Zaman, Regd. No. 2019-ag-3525, PhD scholar of the National Institute of Food Science & Technology, has defended her PhD synopsis on 10-05-2023. The title of her synopsis is "Impact of Non-Thermal Techniques on the quality characteristics of Fresh-cut peach fruit".
48. Ms. Farzana Zafar, Regd. No. 2017-ag-429, PhD Biochemistry student of the Department of Biochemistry has successfully defended her synopsis entitled "Therapeutic potential of resins in acute lymphoblastic leukemia, as required under the rules on 26-04-2023. The Supervisory committee suggested the minor change in title of synopsis. The new title is "Therapeutic potential of oleoresins in acute lymphoblastic leukemia". Furthermore all teachers were physically present in this defense.
49. Ms. Farah Mehfooz, Regd. No. 2018-ag-4094, PhD Biochemistry student of the Department of Biochemistry has successfully defended her synopsis entitled "ck1α pathway inhibition by phytochemicals; A novel therapeutic approach to control eryptosis based anemia" as required under rules on 03-05-2023. The Supervisory committee suggested the minor change in title of synopsis. The new title is "Casein Kinase 1α (Ck1α) pathway inhibition by phytochemicals; A novel therapeutic approach to control eryptosis based anemia". Furthermore all teachers were physically present in this defense.
50. Ms. Hafsa Asif, Regd. No. 2011-ag-3233 PhD Food Technology student of National Institute of Food Science & Technology, UAF has successfully re-defended her PhD synopsis on 12-05-2023. The committee has approved the minor changes in the study plant of research project. Now, the title of PhD synopsis "Development and quality evaluation of probiotic enriched therapeutic milk formula".
51. Mr. Azeem Akram, Regd. N. 2016-ag-6230, a PhD scholar in the Department of Plant Pathology, UAF has successfully defended his PhD synopsis at university level on 12-05-2023. The title of his PhD synopsis changes as suggested by the supervisory committee is "Impact of weeds-based and microbial-derived nanoparticles on the biochemistry and management of citrus canker".
52. Mr. Mujahid Ali, Regd. No. 2008-ag-2600, a student at the Institute of Soil and Environmental Sciences (ISES) has successfully defended his PhD thesis at university level in the library of ISES on 28-04-2023. The title of his thesis is "Effect of micron sized amendments for in situ stabilization of Cd and its phyto-availability to wheat and maize crops grown on contaminated soils".
53. Mr. Muhammad Kaleemullah Khan, Regd. No. 2016-ag-6812, a PhD student of the Department of Plant Pathology, has successfully defended his PhD synopsis at University level on 16-05-2023. The title of his synopsis is "Integrated Management of Citrus Nematode (*Tylenchulus semipenetrans* Cobb) In Grapevines".
54. Ms. Shamim Akhtar, Regd. No. 1997-ag-1349, a PhD student of Department of Entomology, has successfully defended her PhD thesis on 10-05-2023. The title of her PhD thesis is "Studies on Rearing, Population dynamics and Management of Pink Bollworm *Pectinophora gossypiella* (Saunders) (Gelechiidae: Lepidoptera)".

#### NOTIFICATION

The Competent Authority has shown serious concern regarding grant of frequent long leaves to the officers/officials by the respective Deans/Directors. All Deans/Directors are hereby requested to exercise restrain while granting long leave to their subordinates. In addition to above, it is requested that such authority may kindly be exercised only in case of extreme need and a justification to this effect may kindly be indicated for submission to the Competent Authority.

## یونیورسٹی ملازمین کو منظور شدہ سرکاری نرخ پر گندم کی آسان اقساط میں ادائیگی پر فروخت

جناب وائس چانسلر پروفیسر ڈاکٹر اقرار احمد خاں (ستارہ امتیاز) صاحب نے یونیورسٹی کے مستقل ملازمین (جن کی ریٹائرمنٹ میں 10 ماہ کی سروس باقی ہے) کی سہولت کے لئے یونیورسٹی فارمز سے جمع کی گئی گندم کی منظور شدہ سرکاری نرخ پر آسان اقساط میں ادائیگی کی صورت میں فروخت کے طریقہ کار کی منظوری دے دی ہے۔ یونیورسٹی کے گریڈ 01 تا 15 تک کے ملازمین 09 آسان اقساط جبکہ گریڈ 16 اور اس سے اوپر کے ملازمین 06 آسان اقساط میں ادائیگی کی صورت میں زیادہ سے زیادہ 10 من تک گندم حاصل کر سکتے ہیں۔ خواہشمند ملازمین اپنی درخواستیں 31 مئی 2023 تک متعلقہ ڈین/ڈائریکٹر/چیرمین/پرنسپل آفیسر/انچارج کی وساطت سے ڈائریکٹوریٹ آف فارمز میں جمع کروائیں۔ درخواست فارم کے ساتھ ماہ اپریل 2023 کی سیلری سلپ کی مصدقہ نقل لازمی لف کریں۔ مستقل/ریٹائرڈ ملازمین نقد ادائیگی (مروجہ طریقہ کار کے تحت) پر 10 من گندم اپنے ذاتی استعمال کے لئے خرید سکتے ہیں۔ گندم کے لئے مخصوص درخواست فارم ڈائریکٹوریٹ آف فارمز سے حاصل کئے جاسکتے ہیں نیز زرعی یونیورسٹی، فیصل آباد کی آفیشل ویب سائٹ سے بھی ڈاؤن لوڈ کئے جاسکتے ہیں۔ مزید براں محکمہ ایگرونی، ڈائریکٹوریٹ آف وائٹینجمنٹ ریسرچ سنٹر اور یو۔ اے۔ ایف سب کمیٹیز کے ملازمین اپنے متعلقہ محکمہ/ڈائریکٹوریٹ/سب کمیٹیز سے منظور شدہ پالیسی کے تحت گندم حاصل کر سکتے ہیں۔ نوٹ: اگر کوئی ملازم کسی بھی طرح کی انکوائری میں ملوث ہے تو متعلقہ ڈین/ڈائریکٹر/چیرمین/پرنسپل آفیسر ایسے ملازم کی درخواست نہ بھجوائیں بصورت دیگر متعلقہ ڈین/ڈائریکٹر/چیرمین/پرنسپل آفیسر رقم کی ادائیگی کا ذمہ دار ہوگا۔