

Curriculum-Vitae

Dr. Madiha Naz

Ph.D. (UAF)

Assistant professor

Department of Rural Sociology
University of Agriculture Faisalabad

HEC Approved Supervisor

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Faisalabad Punjab Pakistan



Academic Qualification:

DEGREE	YEAR	UNIVERSITY\BOARD	DIVISION\CGPA
PhD: Rural Sociology	2020	University of Agriculture Faisalabad	3.73
M.Phil: Rural Sociology	2014	University of Agriculture Faisalabad	3.98 (silver medal)
Msc: Rural Sociology	2012	University of Agriculture Faisalabad	4.00 (silver medal)
MSc: Population Sciences	2009	University of Agriculture Faisalabad	3.75
B.Ed	2013	Allama Iqbal Open University Islamabad	1 st
B.A	2007	University of the Punjab	1 st
F.A	2005	BISE Faisalabad	1 st
Matric	2003	BISE Faisalabad	1 st

Work Experience:

POST	INSTITUTION	DURATION
Assistant professor	Department of rural sociology, University of agriculture Faisalabad.	23.08.24 to date
Assistant professor	Department of sociology, Riphah international university Faisalabad campus Punjab Pakistan	25.09.2021 to 12.08.2024
Visiting Assistant professor	Department of computer science, National Textile university Faisalabad.	12.09.2023 to 10.01.2024
Visiting Assistant professor	Department of Sociology, Government college university Faisalabad	08.10.2020 to 01.03.2021
Research Assistant	Department of Rural Sociology, University of Agriculture Faisalabad	04.02.2016 to 08.02.2017
	Research on Youth and gender mainstreaming in agricultural activities through need based capacity building in Punjab Pakistan Research on Sexual harassment of women in agriculture in Punjab Pakistan	
Teaching Assistant	Department of Rural Sociology, University of Agriculture Faisalabad	03.10.2015 to 18.01.2016
	Conduct theory and Practical exams. Work as assistant for senior faculty members. Teaching following subjects	

	Sociological Theories, Sociology of Education Sociology of Development, Introduction to sociology	
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Administrative duties

Duties	Institution	Duration
Department Coordinator	Department of sociology, Riphah international university Faisalabad campus Punjab Pakistan	2021 to 2024
Department Exam coordinator	Department of sociology, Riphah international university Faisalabad campus Punjab Pakistan	2021 to 2024
Member and Secretary of Board of Studies	Department of sociology, Riphah international university Faisalabad campus Punjab Pakistan	2021 to 2024
Program assessment team member	Department of rural sociology, University of agriculture Faisalabad	08.04.2025 to date
Advisor, BS sociology program. 1 st and 2 nd semester	Department of rural sociology, University of agriculture Faisalabad	04.04. 2025 to date
Convener, Quality enhancement and evaluation committee	Department of rural sociology, University of agriculture Faisalabad	04.04.2025 to date

HEC approved supervisor:

Yes

Distinctions:

- ✓ Silver Medal MPhil: Rural Sociology
- ✓ Silver Medal Msc: Rural Sociology
- ✓ Shehbaz sharif Merit Laptop award

Skill Highlights:

- ✓ SPSS statistical analysis software
- ✓ LMS learning Management system UAF
- ✓ Data collection and analysis
- ✓ Communication skills
- ✓ Planning and Organizing
- ✓ Team and task management
- ✓ Zoom software (online teaching)
- ✓ Microsoft word, PowerPoint, Excel

Area of Interest:

- ✓ Food and nutrition security
- ✓ Gender development
- ✓ Women empowerment
- ✓ Rural sociology and Rural development
- ✓ Gender mainstreaming
- ✓ Poverty reduction
- ✓ Gender and health

Short Courses:

- ✓ Kitchen gardening & floriculture: 2014, University of Agriculture Faisalabad
- ✓ Fruit & vegetable Preservation: 2014, University of Agriculture Faisalabad

Research Work:

PhD: Rural Sociology

- Socio-economic determinants and women's role in household food security in rural areas of Punjab Pakistan

MPhil: Rural Sociology

- The role of women's empowerment for poverty reduction in agrarian communities, a case study of district Faisalabad Punjab Pakistan

Msc: Rural Sociology

- Women's dynamic role in intra-household food and nutrition security in district Faisalabad

Msc: Population Sciences

- Knowledge and awareness towards reproductive health among unmarried adolescent girls in urban areas of district Faisalabad

Students supervised: (MPhil Sociology)

- Tahir Abbas. 2022. Public perception and realities about Punjab emergency service department rescue 1122, a case study of district jhang, Punjab, Pakistan.
- Adeel Ahmad. 2022. Factors affecting criminal behavior among youth: A case study of Punjab Pakistan
- M.Asif saddiq. 2022. The elements of food security and their impact on family development in District Faisalabad
- Sumera shaheen 2023. Discrimination against working women at workplace and its impact on their work performance in district Sahiwal.
- Hamna Hassan. 2023. Impact of socio economic factors on academic performance of female students in district chiniot.
- Mehak Khaliq. 2023. A sociological study on role of education in empowerment of women. Cross-sectional study in urban areas of district Faisalabad Punjab Pakistan
- Ammara aman. 2023. Rural Women Contribution in Providing and Increasing Domestic Food and Nutrition Security. A Correlational Study of Rural Areas of South Punjab, Pakistan.
- M. yasir Khalil. 2023. A comparative study of quality of education in public and private sector schools. A case study of district Faisalabad.
- Fouzia mumtaz. 2024. A qualitative study of the coping strategies adopted by women who experienced intimate partner's violence in the urban areas of district Faisalabad.
- Memona Liaquat. 2024. Factors associated with depression among university students and its effects on their academic performance: A cross-sectional study in district Faisalabad.
- Rida Ikram. 2024. Discrimination against working women at work place. A glass ceiling comparative study of public and Private Sector University in district Faisalabad, Punjab Pakistan.
- Rabia Aslam Khan. 2024. The effect of gender discrimination on working women's mental health. A case study in District Faisalabad.
- Anam Rehmat. 2024. Role of probation services in community based correction for sustainable crime control and prevention: A study of Lahore division.
- Zoha Abrar. 2024. Causes and implications of domestic violence among women. A case study of Dar-ul-Aman Faisalabad.

Data Collection & Analysis: (2009 to 2018)

- Contamination of foods and its effects on women reproductive health in rural areas of district Faisalabad
- Women home based workers in rural areas of Punjab Pakistan
- Agricultural Rehabilitation Program in flood affected areas of District Jhang. UAF Project
- Role of women empowerment for poverty reduction in low-income urban communities of Faisalabad .A case study of District Faisalabad, Punjab, Pakistan
- Participation of Rural Women in Food Security in District Faisalabad
- Impact of International Migration and Remittances on women empowerment and livelihood of the families left behind A Study in the rural areas of tehsil Samundri district Faisalabad.
- Women's participation, Livestock management and its harmful effects on their health: A case study of Toba Tek Singh.
- Sexual harassment of women in agriculture in district Faisalabad
- Role of Rural women in vegetable production in district Faisalabad

Publications:

- Naz, M., Farah, N., Khaliq, N., Ghafoor, A. A., & Shahzadi, A. (2025). The Effect of Socioeconomic Status on Postgraduate Students' Academic Stress, Depression, and Academic

Performance in District Faisalabad: A Sociological Analysis. *Journal of Social Horizons*, 2(2), 1-10.

- Madiha Naz, Saima Afzal, Nouman Khaliq, Maria Khalid, Adeela Manzoor, Hafiz Ali Raza (2025). Exploring the socioeconomic determinants of childhood malnutrition in district rahim yar khan. *International Journal of Social Sciences Bulletin*, 3(3), 828-835. <https://theijssb.com/index.php/IJSSB/article/view/552>.
- Fouzia Mumtaz, Muhammad Usman, Dr. Madiha Naz, & Dr. Sana Ejaz. (2025). A Study of Coping Mechanisms among Women Subjected to Intimate Partner Violence in the Urban Context of Faisalabad. *Review Journal of Social Psychology & Social Works*, 3(1), 921–928. Retrieved from <https://socialworksreview.com/index.php/Journal/article/view/162>
- Muhammad Mudassir, Nouman Khaliq, Umar Farooq, Hanzala Javed, Madiha Naaz.(2025). Nexus between income, parental education and gender of dropouts at government secondary schools in Faisalabad city. *International Journal of Social Sciences Bulletin*, 3(3), 433-442. <https://theijssb.com/index.php/IJSSB/article/view/512>
- Madiha Naz , Saqib Nabi , Madiha Akram , Afsheen Mansoor , Emaan Mansoor , Saima Nazir , Usman Farooq , Hafiz Ali Raza and Adeela Manzoor. (2024). Identify The Causes And Constraints Contributing To Malnutrition Among Rural Women And Propose Strategies To Enhance Food Security And Reduce Malnutrition. *Migration Letters*, 21(S10), 337–345. Retrieved from <https://migrationletters.com/index.php/ml/article/view/10479>
- Amna Waqar, Ayesha Noreen, Noor Fatima waheed, Dr. Nouman Khaliq, & Dr. Madiha Naz. (2024). Psychological and physically stress among coordinators at university level in district faisalabad: a gender base comparison study. *International Journal of Contemporary Issues in Social Sciences* .ISSN (E) 2959-2461 (P) 2959-3808, 3(2), 1622–1631.
- Fatiha Rehman, Faiqa Mukhtar, Tayyba Naeem, Dr. Madiha Naz, Dr. Nouman Khaliq, & Jaffar Hussain. (2024). effect of bullying behavior among university students in Faisalabad. *International Journal of Contemporary Issues in Social Sciences*. 3(2), 2285–2292.
- Mehek Khaliq, Madiha Naz, Rida Ikram, Muhammad Furqan Nisar, Amara Amman, Saima Afzal. 2023. A sociological study on role of education in empowerment of women. Cross-sectional study in urban areas of district Faisalabad Punjab Pakistan. *VFAST Transactions on Education and Social Sciences*. Volume 11, Number 2, April-June, 2023 pp: 194-200.
- Amara Amman, Madiha Naz, Tafoor Amjad, Tahir Abbas4, Saima Afzal. 2023. Rural Women Contribution in Providing and Increasing Domestic Food and Nutrition Security. A Correlational Study of Rural Areas of South Punjab, Pakistan. *VFAST Transactions on Education and Social Sciences*. volume 11, Number 2, April-June, 2023 pp:201-210
- Mehwish Shehzadi, Madiha Naz, Nosheen Ishaq, Maryam Batool, Samina Riaz, Fareeha Anjum , Rana Muhammad Amir and Hafiz Ali Raza. 2023. Impact of cartoon programs on children's personality and psychological development in jaranwala, punjab, Pakistan. *Central European Management Journal*, Vol. 31 Iss. 1, 2023. ISSN:2336-2693 | E-ISSN:2336-4890
- Madiha naz, R. Hashmi, S. Nazeer, H. A. Raza, 2023. Agripreneurship as sustainable panacea of food security, an emerging issue. *J. Glob. Innov. Agri. Sci.* 11(1). 91-95.
- Sumera Shaheen, Madiha Naz, Babar Ali, Syed Muhammad Ahmad Gillani , Tahir Abbas and Wajid Ali. 2023. Discrimination against working women and its impact on their work performance in district Sahiwal. *J. Educ. Soc. Stud.* 4(1) 2023. 59-69.
- Ahmad, A., Naz, M., Meer, Y., Gillani, S. M. A., Manzoor, A., & Hussain, Z. 2022. Factors Affecting the Criminal Behavior among Pakistani Youth: A Case Study of Punjab Province

Pakistan. *Journal of Education and Social Studies*, 3(3), 213–220. <https://doi.org/10.52223/jess.20223305>.

- sajjad hussain, madiha naz, humera ali, saima afzal, mehr gull, zakir hussain. 2022. Impact of Smoking on Academic Performance Among Students; A Case Study in Pakistan and Turkey. *P J M H S*, 16(6). 733-740.
- sajjad hussain, madiha naz, safia bibi, hafiz ali raza, heikki ofori opoku, suliman khan. 2022. Challenges Faced by PH.D. Scholars and Supervisors during COVID-19 in Turkey and Pakistan. *P J M H S* Vol. 16, No. 05, May 2022. Pp 992-995.
- Abbas, Tahir, Naz, Madiha., Shaheen, Summera., Tanveer, Aater., Nafees, Muhammad. & Batool, Farwa. 2022. “Public Perception towards Punjab Emergency Service Department Rescue 1122 in District Jhang” *Journal of Peace, Development and Communication*, 6(2). 291–300.
- Akram, Sonia, Mehdi, Muntazir., Meer, Yumna., Naz, Madiha. & Afzal, Saima. 2022. “Factors Effecting Students’ Academic Performance (A study of BZU, Multan)” *Journal of Peace, Development and Communication*, 06(2). 176–189.
- muhammad nafees, madiha naz, faiza anjum, muntazir mehdi, safder abbas, aamir iqbal. 2022. Socio-Cultural Factors Affecting Livelihood of Staff Nurses in Lahore, Punjab Pakistan. *P J M H S*, 16(4). 549-560.
- Umm e habiba, madiha naz, muhammad hammad raza, farwa batool, syed muhammad ahmad gillani, sumera shaheen. 2022. Impact of Covid-19 on the Academic Achievement of Students of District Faisalabad. *P J M H S*, 16(5). 1-10.
- muhammad nafees, madiha naz, farwa batool, Rizwan Ashraf, Muhammad Usman. Socio-Economic Impact of End-Stage Renal Disease on the Patients in District Faisalabad Punjab Pakistan. *P J M H S* Vol. 16, No. 05, May 2022
- saira abbas, madiha naz, syed muhammad ahmad gillani. 2022. Analyze the Effects of Fast Food on the Health of College Going Students. *P J M H S*. 16(2), 1053-1060.
- Raza, A. Naz, M. Ahmad, G. Noreena, J. Adeela, M. 2022. Gender based comparative analysis regarding non communicable diseases caused by malnutrition. *PJMHS* 16(1) 827-835.
- Islam, A. Kazam, M. NAZ, M. 2021. Investigation of implicit dynamics of crimes committed by the convicted women in Punjab Pakistan. *Pakistan journal of criminology*, 13(3). 51-66.
- Naz, M, I. A. Khan, S. S. Tahira , A. A. Maan , B. Shahbaz , A. Chaudhry and M. Y. Afzal. 2021. The role of females in the provision of domestic food security in rural communities: (a comparative research of rural zones of province Punjab, Pakistan) *J Agric. Res.*, 59(1):109-118.
- Naz. M., I.A. Khan, A. A. Maan, B. Shahbaz. 2020. Rural women contribution in household food security in agrarian communities: A cross-sectional study of rural areas of Punjab, Pakistan. *J Agric. Res.*, 58(1):49-57.
- Naz. M., I.A. Khan, A. A. Maan, B. Shahbaz. 2020. Women’s contribution in provision of household food security: A study from rural areas of Punjab, Pakistan. *RMJ*. 45(1): 196-200.
- I.A. Khan, B. Shahbaz, Naz. M., S. Umber, R. M. Amir. 2016. Determinants of women’s empowerment and poverty reduction: A case study of rural Faisalabad Punjab. *Pak. J. Agri. Sci.*, 53(4): 1-9.
- Shamshad. N, S. Akhtar, K. Asghar, R. Menhas, M. Naz. 2015. Women home based workers in rural areas of Pakistan. *American scientific journal for engineering technology and science (ASRJETS)*. 11(1): 173-182.
- Naz. M., I.A. Khan, B. Shahbaz. 2014. Role of rural women in agriculture and household food security in Faisalabad District. *Pak. J. Agri. Sci.* 51(3): 759-763.

Seminar/Workshop/Conferences/Trainings Attended:

- Three days conference: Population dynamics and security: public policy challenges population research” Forman Christian college (A chartered university Lahore), ninth annual population research conference December 2-4, 2008.

- Conference “Women work and poverty” Social policy and development center Marriott Islamabad, 2013.
- Seminar “Population growth and its impact on society” USDA and RAHNUMA (FPAP) UAF Faisalabad, February, 20, 2014.
- Seminar Women in agriculture and rural landscape on women day 08 March 2014 at UAF Faisalabad
- Two days international conference on “Migration and Desertification”. Organized by Department of Rural Sociology and International Center for Development and Decent Work (ICDD), held on 5-6 January, 2011.
- One day seminar entitled “Controlling Drug Addiction by Demand Reduction”. Organized by Department of Rural Sociology in collaboration with Rotary Club, held in February, 2011.
- Three days Symposium on “Bridging the Gender Gap and Exploring Masculinity” organized by UN Women, AMAL and UAF, held in November, 2011.
- Three days conference on “Pakistani Youth: The Ultimate Resource” organized by Population Association of Pakistan (PAP), held on 22-24 November, 2011.
- One day seminar TODAY’S PROBLEMS causes, effects, and solutions by Dr Saima Sandhu held on 03 August 2015 at UAF Faisalabad
- Two day training workshop “Cite While you write” held on 2-3 September 2015 in University of Agriculture Faisalabad
- One day workshop on “Effective presentation techniques” November 04, 2015 in University of Agriculture Faisalabad.
- Four day workshop on “Linkages, Value Chains and Development along the Rural-Urban Interface”, organized by International Centre for Development and Decent Work (ICDD), University of Kassel, Germany in collaboration with University of Agriculture, Faisalabad on 09-12 January 2014.
- One day seminar entitled “Controlling Drug Addiction by Demand Reduction”. Organized by Department of Rural Sociology in collaboration with Rotary Club, held in February, 2011.
- Seminar “Violence against women” coordination with Sarsabz foundation, Faisalabad 2016.
- Yes network Pakistan, creativity national competition, University of Agriculture, Faisalabad, 2016.
- Two days conference, 6th Annual public health conference, fragile health system issues and challenges in Pakistan, harnessing opportunities organized by health services academy, Islamabad, 11-12 December 2015.
- Five day training course on Gender mainstreaming for development 14-18 September, 2020 held at AKH NCRD, Islamabad.
- International Conference on Contemporary Issues in Sociology & Public Health (ICCISPH-2022) BZU Multan, Pakistan 25-27 November, 2022.
- 2nd International Conference on Gender and Social Sciences: Diversity, Challenges & Opportunities (ICGS 2022), Lahore, 12-14 December 2022.
- International Wheat Conference, 2022, 19-20 October, has been organized by Department of Plant Breeding and Genetics, University of Agriculture, Faisalabad. Women’s contribution in the provision of household food security and addressing malnutrition in rural communities (A comparative research of rural zones of province Punjab), Pakistan.
- Online Course. Leveling the Playing Field in Higher Education: Systemic Strategies For Inclusive Excellence April 7-16, 2025. Course CLT@FCCU _ Int'l & Private