



Muhammad Idrees (PhD)

Nationality: Pakistani **Date of birth:** 26/07/1986

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Email address: muhammadidreesmalik@yahoo.com

Home: Street 01, Ward 05 Mohalla, Sharif Pura Sangla Hill, (Pakistan)

WORK EXPERIENCE

Assistant Professor (Sociology)

University Of Agriculture Faisalabad (UAF) [03/2022 – Current]

Country: Pakistan

- Handling Research Projects
- Member Curriculum Development Committees
- Teaching MSC & M.PHIL Classes

Lecturer (Sociology)

Govt. College University Faisalabad (GCUF) [08/2014 – 02/2022]

Country: Pakistan

- Handling Office Administration Matters
- Assist Department Chairperson
- Teaching MSC & BS Classes

Visiting Lecturer (Sociology)

Institute Of Professional Studies Sangla Hill (IPS) [08/2012 – 08/2014]

Country: Pakistan

- Teaching of Masters & Graduate Classes

Volunteer

Association For Development of Pakistan (ADP) [2011 – Current]

City: Faisalabad | Country: Pakistan

- Assess the performance and outcomes of assigned projects
- Provide analysis to support project improvements and effectiveness
- Collaborate with project partners, community members, and stakeholders for feedback and insights

Volunteer

Association For World Wildlife Fund (Wwf) [07/2012 – Current]

City: Faisalabad | Country: Pakistan

- Organize and participate in campaigns to raise awareness of environmental conservation.
- Assist in the planning and implementation of initiatives for protecting local wildlife
- Engage local communities to promote sustainable practices

Project Officer

Rural Development Organization (RDO) [11/2010 – 02/2012]

City: Faisalabad | Country: Pakistan

- To Develop proposal with help of Program Officer
- To Communicate with the Donor Agencies

- To Organize Training Programs
- M & E of different Training Programs and Projects

EDUCATION AND TRAINING

Ph.D Sociology

Govt. College University Faisalabad [2021]

Country: Pakistan

MPhil Sociology

Govt. College University Faisalabad [2013]

Country: Pakistan

MSC Sociology

Govt. College University Faisalabad [2010]

Country: Pakistan

BA Sociology

University Of Punjab Lahore [2008]

Country: Pakistan

Bachelor of Education

Punjab University Lahore

Country: Pakistan

LANGUAGE SKILLS

Other language(s): Urdu | Punjabi | English

DIGITAL SKILLS

Microsoft Office (Word , Excel and Power Point) / SPSS & Minitab

PUBLICATIONS

[2024]
Nexus Between Gender Inequality and Livelihood Diversification: Special Reference Educational Inequalities in Southern Punjab, Pakistan

Mushtaq,S, **Idrees, M.**, Nawaz, N,.,Riaz, A,.

Remittances Review

[2024]
Factors Affecting the Wheat Yield Variation Among Small Holder Farmers: An Social Assessment of their Knowledge, Attitude and Practices towards Adoption of Modern Agriculture Technologies and Hybrid Seed
Khan, I. A., & **Idrees, M.**

Pakistan Journal of Agricultural Sciences, 61(3)

[2024]
Factors Affecting Women Empowerment in Punjab, Pakistan

Ejaz, S., Mumtaz, F, Atif, M. **Idrees, M.** and Roman, M,

Kurdish Studies Volume: 12, No: 4, pp. 1317-1323 (W-Category)

[2024]

Exploring the effects of CPEC on the socio-cultural transformation in Punjab, Pakistan

Farooq, S., **Idrees, M.**, Nawaz, N and Sattar, R

International Journal of Contemporary Issues in Social Sciences Vol, 2 Issue 2 (Y-Category)

[2024]

Nexus Between Higher Education and Women Empowerment

Idrees, M., Ashraf, N, Yaqub, Z. and Roman, M

International Journal of Human and Society. Vol. 4

[2024]

Exploring the Socio-economic Problem faced by Transgender: A Qualitative Study

Atif, M, Raza, T, Ashraf, N, **Idrees, M.**, Anjum, F, and Javed, R.

Remittances Review April 2024, Volume: 9, No: 2, pp.490-506

[2024]

Interface Between Mental Health and the Earthquake: Considering Humanitarian Endeavor

Akram, S., Baloch, J., Alfreai, A., Almutairi, M., **Idrees, M.**, and Kubaisi, H

Frontiers in Public Health: 12: 1326407 (W-Category)

[2024]

Assessing Social Safety Net Interventions For Persons With Disabilities, A Quantitative Analysis From Pakistan

Khan, Z. Shazad, M, Khaliq, M, Malik, N., **Idrees, M.** Mansoor, S, and Iqbal, M

Therapeutics & Clinical Pharmacology Vol. 30 No. 17 (X-Category)

[2024]

Attitude and Perception of People towards Life Insurance as Social Safety Net: A Qualitative Analysis

Roman, M, Sajid, M, S, Akhtar, N and **Idrees, M.**

Remittances Review April 2024, Volume: 9, No: 2

[2023]

Youth Bulge and Social Unrest: A pessimistic Image of Demographic Dividend

Idrees, M. Ch. A., Mahmood, B, Sattar, R, S. and Anjum, F

Social Evolution and History Study, Vol. 12. No. 2 (W-Category)

[2023]

Unveiling the Contextual Effects of Total Quality Management to Enhance Sustainable Performance

Mohsin, M, Mad, Nasir, Jaffri, N., **Idrees, M.** and Jamil. K

The TQM Journal (X- Category)

[2023]

Socio-cultural Construction of Islamic Charity: A Healing Perspective

Akram, S., **Idrees, M.**, Hussain, F and Kubaisi, H.

Journal of Social Sciences, Vol 14, Issue 1 (Y-Category)

[2023]
Socio-Cultural and Contextual Determinants Of Intergenerational Change In Fertility Patterns: A Systematic Review
Rahim, Y, Ch., A., Mahmood, B and **Idrees, M.**

Journal Of Population Therapeutics & Clinical Pharmacology Vol. 30 (X-Category)

[2023]
Social Safety Net Program as Social Protection Shield for Persons With Disabilities, A Qualitative Study in Pakistan
Khan, Z, M., Malik, N, Ahmad, M, **Idrees, M.**, Zafar, Q., and Bibi, S.

Journal of Positive School Psychology 2023, Vol. 7, (X-Category)

[2023]
Sociological Investigation of Quality of Life and Happiness in Lahore City: A Qualitative Study.
Mahmood, N., Mahmood, B, Ch., A, **Idrees, M.**, and Riaz, K

Journal of Positive School Psychology 2023, Vol. 7 (X-Category)

[2023]
Social Analysis of the Effects of Promotional Tools on Community Purchase Intention
Idrees, M. Ali, B., Imran, M., Mushtaq, M., A.

Journal of ISOSS, Vol. 9 (1) (Y-Category)

[2023]
Silent Suffering: A Qualitative Study on the Impact of Infertility on the Social and Psychological Health of Women In District Faisalabad
Ali, B. Toussef, M., Niaz, M, Sarwar, S., Iqbal, S, **Idrees, M.**, and Younis, S

Journal of Positive School Psychology 2023, Vol. 7 (X-Category)

[2023]
Laws Beyond Stigma: How LGBTQ2+ Pakistani Teens and Parents Forge Empathetic and Nurturing Relationships
Ali, B. Sher, F. Niaz, M, Sarwar, S., Toussef, M., **Idrees, M.**, Shabbir, M. and Younis, S.

Russian Law Journal Volume XI (2023) Issue 12s (X-Category)

[2022]
An Empirical Examination of SMEs Sustainable Performance Through Lean Manufacturing
Anwar, Al., Jamil, K, **Idrees, M.** Atif, M., and Ali, B.

Knowl Process Manag. 2022;1-11. (X-Category)

[2022]
Exploring Challenges and Opportunities of Demographic Dividend in Punjab Pakistan
Batool, Z., **Idrees, M.**, Ashraf, R., and Usman, M.

Competitive Social Sciences Research Journal (CSSRJ), 3(2) (Y-Category)

[2022]
Nexus between Demographic Dividend, Human Capital and Socio-economic Development: Mediating role of Labor Force Participation
Idrees, M., Batool, Z., Shabbir, M., Mahmood, S. and Atif, M.

Sukkur IBA Journal of Management and Business – SIJMB | Vol 9 No. 1

[2022]
The Attitude of Community Toward Females' Education,
Nadeem, S, Ali, B., Sarwar, S., and **Idrees, M.**

Journal Of ISOSS 2022 Vol. 8(2), PP81-92 (Y-Category)

[2022]
Antecedents of Consumer's Purchase Intention Towards Energy-Efficient Home Appliances: An Agenda of Energy Efficiency in the Post COVID-19 Era
Jamil K, Dunnan L, Awan FH, Jabeen G, Gul RF, **Idrees M** and Mingguang L

Front. Energy Res. 10:863127 (W-Category)

[2021]
Impact of Role Conflict on Intention to Leave Job with the Moderating Role of Job Embeddedness in Banking Sector Employees
Awan FH, Dunnan L, Jamil K, Gul RF, Anwar A, **Idrees M** and Guangyu Q

Front. Psychol. 12:719449 (W-Category)

[2021]
Exploring the Determinants of Extremism in Universities of Pakistan
Atif, M., Mahmood, B. and **Idrees, M**

Pakistan Journal of Social Research Vol.3, No. 3 (Y-Category)

[2020]
Risk Factors Associated with the Abuse of Elders in District Faisalabad
Ali, B, Batool, Z., Ch., M., S., Mahmood, S., **Idrees, M.**

Journal Of Archaeology of Egypt/Egyptology 18(10) (Y-Category)

[2020]
Theoretical Investigation of Demographic Dividend and Its Relation with Socio-Economic Development: A Systematic Review
Idrees, M , Batool, Z., Atif, M., Ali, B, & Roman, M.

Palarch's Journal of Archaeology of Egypt/Egyptology 17(10) (Y-Category)

[2020]
Causes Which Affect the Employee Retention in Banking Sector: An Empirical Study in the Context of Banking Sector of Pakistan
Waqar, A., Atif, M., **Idrees, M.**, Ali, B.,& Roman, M.

International Journal of Management pp 2780-2793 (Y-Category)

[2020]

Factors Affecting Household Food Insecurity in Punjab Pakistan

Atif, M., Shabbir, M., Imran, M., **Idrees, M.**, & Arqam, M.

Palarch's Journal of Archaeology of Egypt/Egyptology, Pp 1882-1888 (Y-Category)

[2019]

Harnessing Demographic Dividend a Source of Accelerating Socio-economic Development in Punjab, Pakistan

Idrees, M., Batool, Z., Shabbir, M., & Mahmood, S. (2019)

The Dialogue Quarterly, VOL-XIV (2) July 2019. 12-22 (Y-Category)

[2018]

Socio-Economic and Cultural Determinants of Criminal Youth Behavior: A Case of Faisalabad City in Punjab, Pakistan

Shabbir, M., Arqam, M., **Idrees, M.**, & Atif, M.

Journal of Applied Environmental and Biological Science. Vol. 8(1) (Y-Category)

[2017]

Nexus Between performance Appraisal and Employees Performance: Assessing the Moderating Role of Motivation

Idrees, M., Malik, N., Jamil, K., Anwar, N., Yousaf, M., & Khan, A.

Journal of Engineering and Scientific Research, Vol. 7 (2) (Y-Category)

[2016]

Perception of Religious Leaders towards Suicide Bombing In Pakistan: A Case Study of Faisalabad City

Farooq, M., **Idrees, M.**, & Muqarab

Pakistan Journal of Islamic Research Vol. 17, No. 2 (Y-Category)

[2014]

Consequences Of Youth Bulge in Pakistan

Farooq, M., **Idrees, M.**, Mohsian, N., Gulazar, F., Tariq, S., & Nawaz, H

Mediterranean Journal of Social Sciences Vol. 5 (20) (Y-Category)

CONFERENCES AND SEMINARS

[25/11/2022 – 26/11/2022] Multan

International Conference on Contemporary Issues in Sociology & Public Health

[12/12/2022 – 14/12/2022] Lahore

2nd International Conference On Gender And Social Sciences: Diversity, Challenges & Opportunities

[05/10/2022 – 07/10/2022] Multan

International Conference on Smart Learning, Department of Education the Women University

[26/09/2022 – 28/09/2022] Faisalabad

International Conference on Interdisciplinary Research innovation UAF-PARS 26-28 October 2022

[15/12/2022 – 16/12/2022] Lahore

International Conference on Gender Studies, DGS, Punjab University

[21/12/2022 – 22/12/2022]

23rd Annual Population Research Conference - Health Services Academy

[29/05/2023 – 31/05/2023] Faisalabad

International Conference on Sustainable Food Security Solutions CPEC Consortium of Universities, IAEE & RD (UAF) and ISHU, UoK

[07/03/2023 – 08/03/2023] Umerkot

1st International Conference on Biodiversity of Arid Zone (ICBAZ-2023)

[15/03/2023 – 16/03/2023] Lahore

International Conference on Climate Change, Challenges and Response, by UCP

[19/05/2023 – 20/05/2023] Abbottabad

1st International Conference, Interplay of Social Science Research, Responsible Management and Sustainable Future

[20/03/2023 – 21/03/2023] Lahore

1st International Conference on Role of Seerah in Current Education System at COMSATS

[10/05/2023 – 12/05/2023] Multan

Spring Congress Ever changing World: Challenges and Opportunities at MNS - University of Agriculture

PROJECTS

Demographic Dividend: A wave of Opportunities or Challenges in Punjab, Pakistan

This project is funded by Higher Education Commission of Pakistan (HEC-Pak) under the National Research Program for Universities (NRPU). (**Funding amount: 5.4 million**)

RESEARCH AND SUPERVISION

Category	Ph.D.	M.Phil.
Supervision as Major Supervisor		
Produced	1	28
Research Ongoing	4	7
Supervision as Member Supervisory Committee		
Produced	0	71
Research Ongoing	3	11

BOOK CHAPTERS/BOOKS

[2024]

Equitable Development and Sociological Theory: Addressing futurelessness and Inequality in Mmodern Societies (S. Akram, Ed.) (Lumina Literati Publishing)

Muhammad Idrees

[2024]

Present Scenario of Climate Change and its Predictions (Narendra Publishing House)

Shama Mushtaq, Zoya Yaqub, Sana Mehboob, Humaira, Fozia, **Muhammad Idrees**, Lariab, Sara Akram

[2023]

Social Safety Net Programs and Food Insecurity in Pakistan (Peter Lang)

Waqas Shair, Saem Hussain, and **Muhammad Idrees**

[2023]

Caste Based Social Exclusion and Discrimination: Gender Perspective (Manglam Publication)

Shama Mushtaq, **Muhammad Idrees**, Usman, Uzma

[2023]

Social And Ethical Concerns in the Age of Artificial Intelligence (SciKnowPub USA)

Shama Mushtaq, Muhammad Imran, Ayesha Riaz, **Muhammad Idrees**, Humaira

[2023]

The Ripple Effect of Empowerment: Investing in Girls' Education for a Sustainable Future (Sunbeam)

Rida Rasheed, Shama Mushtaq, **Muhammad Idrees**, Laraib Manzoor, Asad Hayat Akmal, Zareen Fatima,

[2023]

Refugees and Asylum Seekers, Trend Prospect and Policies in Pakistan (Transnational Press London)

Sadaf Mahmoof, Muhammd Shabbir, **Muhammad Idrees**, Xhao Zi, Uzma Niaz,

ACADEMIC RESEARCH WORKS

Utilization of Demographic Dividend: An Optimistic Source of Socio-economic Development in Punjab, Pakistan.

PhD Thesis

Youth Bulge, A Forecast of Social, Unrest and Violent Conflict with special reference to Metropolitan Entities in Punjab, Pakistan

M.Phil Thesis

Perception of Religious Leaders towards Suicide Bombing: A Case Study of Faisalabad City

MSC Thesis

JOURNALS EDITOR AND REVIEWER EXPERIENCE

[2024 – Current]

Journal of applied Psychology Research

Editor

[2023 – Current]

African Journal of Reproductive Health

Status Reviewer

[2022 – Current]

Business and Process Management

Reviewer

[2022]

Frontiers in Psychology

Guest Editor/Associate Editor

[2022]

Frontiers in Environmental Sciences

Reviewer

[2022]

Frontiers in Psychology

Reviewer

[2022 – 2023]

Industria Textila

Reviewer

[2023]

Annals of Social Sciences and Perspectives

Reviewer

RECOMMENDATIONS

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Govt. College University Faisalabad

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Name: Dr. Muhammad Roman | Chairman (Department of Sociology)

University of Jhang (UoJ)

Email: rizvi356@gmail.com | Phone number: (+92) 3013200356