



## **CURRICULUM VITAE**

**Dr. SAIRA AKHTAR**

House No – 6, American Colony Main Campus, University of Agriculture, Faisalabad.  
Pakistan.

Res: 041-2602850, 0333- 6559264

E-mail: Sairaakhtar2@gmail.com

**Present status:** Associate Professor / Chairperson in the department of Rural Sociology, University of Agriculture, Faisalabad.

Rural Sociologist having more than twenty-three years' experience of Development Research and Teaching at University level. Currently working with UAF as Associate Professor/ Chairperson of Rural Sociology Department. Authored two books and six chapters related to development, poverty, and gender. More than 40 research papers published in different reputed, HEC recognized, impact factor journals. Worked as visiting faculty for University of Kassel Germany. Got Fatima Jinnah Award from Govt. of Pakistan in recognition of struggle for development of the poor and marginalized. HEC recognized supervisor, supervising student research of M.Sc., M.Phil. and Ph.D. while produced two Ph.D. Scholars. Established network with China Agriculture University, Beijing and International Poverty Reduction Center China (IPRCC) for research on poverty with reference to CPEC.

Having extensive experience in research and development with international and national organizations i.e. DFID UK, UNDP, Aus Aid, Action Aid, UNICEF and NRSP. Enough experience of working with water related projects with IWASRI, IWMI, FPAP, UNICEF, NRSP and FAUP/GHKI. Served at distinct positions of management, coordination and advisory. Presently working on development research projects one with ICDD University of Kassel Germany as lead researcher in which three countries are involved Pakistan, Ghana, and Kenya the main issue is women inclusion in agricultural policy of these countries based on their contribution and role in agricultural economy of the country. Second is ACIAR, leading social component, studying youth and women involvement in ground water management in Punjab, Lower Bari Doab Canal Command. Third is with Global Agricultural Production System (GAPS) in which the focus is role of women in agriculture. Working voluntarily with some organization as their body member and advisor for poverty and development. Having strong grip on the rural community development and related diversified issues. Participated in several international conferences, presented papers and shares vision and as part of plenary in different countries i.e. Turkey, Germany, Iran, Ghana, South Africa, India, Switzerland, Australia, and Kenya, Zimbabwe. Having strong grip on qualitative research and known as PRA practitioner. Served as consultant for JICA and UN on various development projects.

**Academic Record:**

<b>Degree</b>	<b>Year</b>	<b>Institution</b>	<b>Major Subjects</b>
2003	Ph.D.	University of Agriculture, Faisalabad	Sociological Theory, Community Development, Social psychology, Research methods in social sciences, Population, Statistics
1993	M.Sc.	University of Agriculture, Faisalabad	Research methods in social sciences, Statistics, Demography, Contemporary sociology, Sociological Theory, Sociology of developing Countries.
1991	Diploma in Rural Home Economics	University of Agriculture, Faisalabad	Food and nutrition, Child development, Educational psychology, Art and crafts.
1989	B.A.	Punjab University Lahore	Psychology, Social Work

**Teaching and Research Experience**

<b>Sr. #</b>	<b>Position held</b>	<b>Institution</b>	<b>Responsibilities</b>	<b>Tenure</b>
1	Associate Professor / Chairperson	University of Agriculture, Faisalabad	Teaching at under-graduate and post-graduate levels Guiding students for thesis work and assignments Conducting research and completing official assignments	July 2013 to date
2	Assistant Professor	University of Agriculture, Faisalabad	Disseminating knowledge through courses at undergraduate and post-graduate level. Supervising the students enrolled for Master's and Ph.D. degree (rural sociology, sociology & population sciences) in the preparation of their dissertation	April 2005 to July 2013

2	Lecturer	University of Agriculture, Faisalabad	Disseminating knowledge through courses at undergraduate and postgraduate level. Supervising the students enrolled for Master's degree in the preparation of their dissertation.	August 2001 to March 2005
3	National Coordinator  University of Agriculture Faisalabad.	Facts for Life Project UNICEF/FPAP, Lahore.	Prepared & planned the overall project activities & budget. Designed strategies for implementation & monitoring mechanism. Designed the training manuals, listed out the IEC material for use in the project with the help of UNICEF. Conducted baseline survey on knowledge, attitude & practices (KAP) for selected FFL messages. Designed trainings / workshops for capacity building and preparing a cadre of master trainers. Trained 80 master trainers male/female in overall Pakistan. Trained 1650 voluntary f/m communicators at national level, which are working with the project.	Dec. 2000 to July 2001
4	Salinity Education Adviser	UNDP/Aus AID IWASRI, Lahore.	Developed strategy and a detailed work plan for the implementation of the Salinity Education Programme on sustainable grounds. Organized a participative orientation workshop for the teachers. Designed and published different posters on the basic theme of water logging and salinity problem. Arranged one in-house seminar on the salinity education programme. Published the workshop proceedings. Established linkages with NGOs/Projects and Education Department and worked mutually. Designed teachers' trainings and participatory monitoring and review/follow up system. Involved children through sessions and different activities for awareness raising about water logging & salinity and related issues e.g. environment and others.	

5	Social Development Coordinator, FH II Punjab	Department for International Development. U.K. The British Council- Lahore.	Managed and supervised social development component in four districts of Punjab in close collaboration with Health Department for decentralization and involvement of community in District Health Planning and Management. Developed a strategy for component of social	Jan. 1998 to Dec. 1998
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			development with focus on community participation, poverty and gender. Conducted a base line assessment of community structures, community organizations, gender awareness and issues. Established linkages with other NGOs/ projects, programmes like PMP, PWD, UNFPA etc. Prepared survey reports, visits reports and many regular reports. Briefings for missions and for other higher officials for advocacy purpose. Presentations at different occasions.	
6	Sponsorship Coordinator	Action AID - Pakistan. DA-2, Bahawalnagar	Involved in Planning and Designing child sponsorship and coordination between community/children and sponsors in UK. Strengthened linkages and correspondence with supporters and sponsors. Worked for the betterment of education facilities for the children in the area by developing linkages with education department. Organized sponsorship workshops for staff, community and teachers. Introduced energy saving – smokeless stove in the area through appropriate technologies and with the help of grass root level organization Swani Sanjh. I was also responsible for community reports and Directors reports of DA-2, which were being sent to the sponsors and directors in UK. Photography for	Jan, 1997 to Dec. 1997

			sponsorship was also my responsibility.	
7	Social Organizer	Faisalabad Area Upgrading Project (FAUP) FDA. /GHKI Faisalabad.	I was responsible for formation of multipurpose male and female community organizations in Faisalabad Urban slums. Ensuring participation of community for evaluation of sustainable project management of their development. Providing on job training for assistant social organizers, field engineers and credit promoters in community organization. Designed and arranged trainings for community for their capacity building and also arranged trainings for their skill enhancement in different fields with collaboration of other sectors and departments for fulfillment of their practical needs. Established nonformal schools for children especially for trash pickers and functional literacy classes for adult females. Established health centers in slums with community shares & management. Different campaigns and trainings for environmental / health care. Education promotional activities	Nov. 1995 to Dec. 1996

8	Senior Social Organizer /Trainer	NRSP, National Rural Support Programme Islamabad.	Developed strategies for community organization and designed participatory development projects for the community. Most significantly developed linkages with Govt., NGOs/Projects and with community in the surroundings for sustainable functioning of the development activities. I was supervising a multidisciplinary gender-mix team and produced timely reports according to the monitoring indicators. I was responsible for monitoring, providing training and guidance to social organizers in community development. I was also providing facilitation and coordination with visitor's organizations and foreign delegates. I have been organizing seminars and conferences for the network of different community organizations also arranging periodic training sessions for community activists. Monitoring and assessment of the organizations was also my responsibility. Take part in annual planning & budgeting meetings	April. 1994 to Nov. 1995
9	Social Organizer	NRSP, National Rural Support Programme Islamabad.	Formation of male and female community organizations through regular contact with community was main task. Development of linkages between community organizations and line departments. Helped to facilitate a forum for activists of different	Feb. 1993 to April 1994

			organizations for similar skills during this tenure. Follow up of community organizations and beneficiary groups. Developed plans for implementation of projects, activities by using participatory approaches in strong collaboration with the community in sustainable way. Writing reports daily and monthly and to support the senior managers was also a major activity for the smooth running of district level projects.	
10	Gender and Community Development Specialist	Novib Canada	Evaluation study of Lok Sanjh Foundation, Islamabad. Sheikhpura, Shorkot, Islamabad, Fateh Jang	Oct. 2007

### Teaching and Supervising:

- Courses of almost all types of majors & minors to • BS/B.Sc.
- M.Sc.
- MS / M.Phil.
- Ph.D.
- Major focus, Poverty Reduction, Community Development and Gender Studies
- Participation as trainer and trainee in various skill development, capacity building training programs
- Contribution to courses: Course content development, time to time course content revisions & new knowledge addition, Course material development
- LMS

### Students Supervision:

M. SC 75

M.Phil 43

Ph.D, produced 2, final submitted 3, semifinal submitted 1, under supervision 5

Committee member 93

### Courses Taught

Sociological Theory, Community Development, Sociology of Agriculture, Research Methods in

Social Sciences, Population Issues and problems, Contemporary Sociology, Sociology of Development. Gender and Development, Women and Development, Leadership and social

conflict, Social policy, Social psychology of health communication, Historical development of sociological thought, Cooperatives, Rural sociology and development, Urban sociology, Rural social institution, Sociology of family and social structure and others.

## **Publications:**

### **Research Papers**

1. Shahzad, A, R. A.A. Maan, S.Akhtar. and K.Mahmood, ch. 2021. Influence of farmers' socio-Economic Status on Their Intentions to Adopt ICT for Agriculture in Rural Punjab, Pakistan (Journal of research & Reviews in social sciences Pakistan; Vol 4 (1), 2021 pp 1089-1100.
2. Ahmed, S., Huifang, W., Akhtar, S., Imran, S., Hassan, G., & Wang, C. (2021). An analysis of urban sprawl in Pakistan: consequences, challenges, and the way forward. *International Journal of Agricultural Extension*, 8(3), 257-278.
3. Ahmad, S., Huifang, W., Akhtar, S., Imran, S., Yousaf, H., Wang, C., & Akhtar, M. S. (2021). Impact assessment of better management practices of cotton: a sociological study of southern Punjab, Pakistan. *Pakistan Journal of Agricultural Sciences*, 58(1).
4. Akhtar, S., Ahmad, S., Huifang, W., Imran, S., Wang, C., Hassan, G., ... & Mahmood, K. (2021). Assessment of women's economic empowerment in the rice cultivation sector of the upper Punjab region, Pakistan. *International Journal of Agricultural Extension*, 9(1), 35-55.
5. Ahmad, S., Huifang, W., Akhtar, S., Maqsood, S., & Imran, S. (2020). An analytical study of child labour in the agriculture sector of the rural areas of central Punjab, Pakistan. *Sri Lanka Journal of Social Sciences*, 43(1), 21-37.
6. Shahzad, A,R. S.Akhtar. F.Tanvir, K.Mahmood, ch. 2020. Effects of Farmers' Socio-economic characteristics on their Decision to Adopt ICT in Agriculture: Empirical Evidence from Rural Punjab, Pakistan. International journal on emerging
7. Technologies 11(5): 000-000(2020) ISSN No. (Print): 0975-8364, ISSN No. (Online): 2249-3255
8. Tarar, M. A., Salik, M. H., Riaz, M., Alvi, A. S., Tarar, A. H., Mushtaq, K., ... & Sultan, T. (2019). Effects of pesticides on male farmer's health: a study of Muzaffar Garh. *Pakistan Journal of Agricultural Sciences*, 56(4).
9. Tarar, M. A., Khan, Y. N., Ullah, M. Z., Salik, M. H., Akhtar, S., & Sultan, T. (2019). Knowledge and attitude; pregnancy and antenatal care among young agrarian & non-agrarian females in Faisalabad District, Pakistan. *Pakistan Journal of Agricultural Sciences*, 56(1).
10. Tarar, M. A., Fatima, T., Salik, M. H., Akhtar, S., Khan, Y. N., Sultan, T., ... & Yasmin, S. (2016). Health Problems Faced by Female Farm Workers in Rural Areas of Tehsil Dera Ghazi Khan: A Sociological Investigation. *Journal of the Dow University of Health Sciences (JDUHS)*, 10(1), 35-38.



11. Muhammad Ali, T., Saira, A., Yasir Nawaz, M., Manzoor, A., Muhammad Iqbal, Z., & Nasir, H. (2015). Knowledge and attitude; STIs, HIV, Aids, RTIS, breast cancer and reproductive health among young females in Faisalabad district, Pakistan.
12. Tarar, M. A., Akhtar, S., Zafar, M. I., & Muhammad, S. (2015). REPRODUCTIVE HEALTH; PERCEPTIONS, ATTITUDES AND PRACTICES AMONG YOUNG FEMALES IN FAISALABAD DISTRICT, PAKISTAN. *Professional medical Journal*, 22(1).
13. Muhammad, A. T., **Akhtar, S.**, Nawaz, Y., Akhtar, M., Zafar, I., Hussain, N., (2015). Knowledge Attitude STIs, HIV, AIDS, RTIs, Breast Cancer and reproductive Health among young females in Faisalabad District, Pakistan. *The Professional Medical Journal*; 22 (6): 690-704.
14. Naila, S., **Akhtar, S.**, Asghar, K., Menhasd, R., Naz, M., (2015). Women Home Based Workers in Rural areas of Pakistan. *American Scientific Research Journal for Engineering, Technology, and Sciences (ASRJETS)* ISSN (Print) 2313-4410, ISSN (Online) 2313-4402
15. Bashir, A., M.I. Zafar, S. Muhammad and **S. Akhtar**. (2015) Impact Assessment of Institutional reforms in irrigation system of the Punjab. *Journal of Agricultural Research*; 53 (1):137-144.
16. Akhtar, N., **S. Akhtar** and M.I. Zafar. (2014) Impact of education on the utilization of antenatal care services in Punjab, Pakistan (*Pakistan journal of social sciences*; 33(2): 463-470.
17. Mehwish, Y., Akhtar, S., Anjum, A., and Menhas, R., (2014). Women's Economic Role: A Case Study of Women Income Generating Activities in Rural Areas of Pakistan. *American-Eurasian J. Agric. & Environ. Sci.*, 14 (10): pp.1074-1079
18. **Saira, A.**, (2014). Impact of micro finance scheme of PRSP on socio-economic conditions of rural people in tehsil D.G Khan. *Mediterranean Journal of Social Sciences*; Vol,5(3): pp. 25-30.
19. Menhas, R., N. Jabeen, **S. Akhtar** and M. Yaqoob. (2013). Cultural barriers of female empowerment. *Afro Asian Journal of Anthropology and Social Policy*; 4(1): 1-10.
20. **S. Akhtar.**, Jabeen, N., (2013). Sociological analysis of Sufism: A case study of Hazrat Sultan Bahoo, Shorkot, Pakistan. *International Journal of Academic Research in Business and Social Science*; 3(9): 296-300 (2013)
21. **Saira, A.** and N. Akhtar. 2011. A Study of Socio economic Behavior Patterns of Pastoral Community in District Faisalabad. *Pak. J. Agri. Sci*, 2011
22. Izhar, A. K., S. Mahmood, A.A Maann, B. Shahbaz and **S. Akhtar**. 2010. Role of international migration in agricultural development & farmer's livelihoods: A case study of an agrarian community. *Pak. J. Agri. Sci.*, Vol. 47 (3), 297-301; 2010
23. Malik N., A.A. Mann, T.S. Pasha, **S. Akhtar** and T. Ali. 2010. Role of Hazard control measures in occupational and safety in the textile industry of Pakistan. *Pak. J. Agri. Sci.*, Vol. 47(1), 72-76; 2010

24. Shagufta, N., **S. Akhtar**, Y. Nawaz and G.Yasin. 2010. Modes of Social Adjustment of Physically Handicapped Children: An Investigation of Parents point of view. Pak. J. Agri. Sci., Vol. 47 (3), 411-415; 2010
25. Tahir.M. K., A.A. Mann, M.I. Zafar, N. Hashmi and **S. Akhtar**. 2010. Determinants of women empowerment: A case study from District Rawalpindi. Punjab. Pakistan. Pakistan Journal of Science (Vol. 62. No. 1 March 2010)
26. Naimatullah, H., M.I. Zafar, Asghar K. and **S. Akhtar**. 2009. Does age at first enrolment affect female educational attainment: The case of rural Punjab Pakistan Pak. J. Agri. Sci., Vol 46 (4) 2009
27. **Saira**, A., M. Rashid, M. Khaliq, N. Hashmi and I. A. Khan. 2009. Perception, attitude and practices of rural migrants about their reproductive health: A case study of Faisalabad city. Pak. J. Agri. Sci., Vol. 46 (3) 2009
28. Babak, M., M. I. Zafar, **S. Akhtar**, T. Ali and M. Aslam. 2008. A Study of Changing Perceptions, Under Influence of Global Culture: A Study Conducted in Punjab, Pakistan. Pak. J. Agri. Sci., Vol. 45 (1) 2008
29. Haq. N., A. S. Perveen, S. Mehmood and **S. Akhtar**. 2008. Assessment of Farmer's Attitude towards Participatory Irrigation Management I Punjab-Pakistan. Pak. J. life soc. sci. (2008), 6(2): 121-126
30. Zahida, M. and S, Akhtar. 2006. Role of Punjab Rural Support Programme in Increasing Status and Poverty Alleviation Efforts in Rural Faisalabad (Pakistan) Int. J. Agri & Soc Sci 2(2) 110-111
31. Asma, A., **S. Akhtar** and S. Kausar. 2004. Awareness of Viral Hepatitis among people of Rural Areas of Faisalabad, Pakistan. Pak.J life Soc. Sciences 2(1):57-58
32. Asma, A., **S. Akhtar**, S. Kausar and N. Anwar. 2004. Air Pollution and its Consequences for Human Life in district Faisalabad Pak.J life Soc. Sciences 2(1):43-45
33. Nabia, A., H. Iqbal, **S. Akhtar** and A. Zafar. 2004. Rehabilitation of Physically Handicapped Children and Parents Role. Pak.J.Soc Sciences Vol.2.No.4
34. Shahzad, F., **S. Akhtar**, A. Afzal and A. Kausar. 2004. Role of Females in Readymade Garments Industries in Faisalabad. Int. J. Agri & Soc. Sci. 2005.
35. Asma, A., **Akhtar, S.**, Kausar, S., and Anwar, N., (2004). Air Pollution and its Consequences for Human Life in District Faisalabad. *Pakistan Journal of Life and Social Sciences*. 2(1): pp.43-45
36. Nabia, A., Iqbal, H., **Akhtar, S.**, and Zafar, A., (2004). Rehabilitation of Physically Handicapped Children and Parents Role. *Pakistan Journal of Social Sciences*, Vol,2: pp. 315-319.
37. Anila, K., **S. Akhtar** and S. Farid. 2003. Causes and Consequences of Child Labor in Carpet Weaving Industries in tehsil. Faisalabad. Int. J. Agri & Soc. Sci. 2003
38. Asma, Z. and **S. Akhtar**. 2003. Farmers Perception about social impact and Constraints in Waste Water Irrigation. Int. J. Agri & Soc. Sci.

39. **Saira, A., T. Mehmood and A. Zafar.**2003. An insight in to the phenomenon of Involuntary Migration and Resettlement at Ghazi Brotha.
40. Asma, Z., and Akhtar, **S.,** (2003). FARMERS PERCEPTION ABOUT SOCIAL IMPACT AND CONSTRAINTS IN WASTEWATER IRRIGATION. Pak. J. Agri. Sci., Vol. 40, pp.3-4

## **Chapters:**

1. **Saira, A., Ahmad, S., Ghafoor, A.,** (2019). Waste Water Irrigation and Occupational Health and Safety of Agricultural Labor. *Labor and Globalization*. Pub, ICDD Rainer Hampp Verlag. Pp.181
2. **Saira, A., Zafar, I.M., Ahmad, S., and Nawaz, N.,** (2018) Rural Poverty/ Section IV Agricultural Incentives for Farmers. *Developing Sustainable Agriculture in Pakistan*. Pub, CRS Press. Pp 659.
3. **Saira, A.,** (2018). Women in Pakistan's Agriculture. *Labor and Globalization*. Pub, ICDD Rainer Hampp Verlag. Vol, 11. Pp.59
4. Zafar, I. M., **S., Akhtar,** Ahmad, S., Yousaf, H., (2017). Socio- Cultural Dimensions of Management in Decision Making. *Economic for Business Manages*.Pub, UAF Press.pp. 177
5. **Saira, A., and M, Zeeshan.,** (2018). Socio-political Context. LWR036, improving ground water management to enhance agriculture and farming livelihoods in Pakistan.
6. **Saira, A., and M, Zeeshan.** (2018). Gender and youth. LWR036 Improving ground water management to enhance agriculture and farming livelihoods in Pakistan.
7. **Saira, A., and W, Rizwana.** (2018). Role of NGOs, FOs, LWR036 Improving ground water management to enhance agriculture and farming livelihoods in Pakistan.

### **Link of chapter 5,6,7.**

Mitchell, M., Awan, U. K., Iqbal, N., & Punthakey, J. (Eds.) (2021). *Improving groundwater management to enhance agriculture and farming livelihoods: Literature review* (ILWS Report No. 147). Albury-Wodonga: Institute for Land, Water and Society, Charles Sturt University.

Available from: <http://www.csu.edu.au/research/ilws/publications>.

## **Abstract:**

1. Maqsood, S. and S. Akhtar, 2017. Child Labour in Agriculture sector among poor rural household: some facts or issue. International Symposium on Global Value Chain and Decent work UAF. (December 01-02, 2017).
2. Maqsood, S. and S. Akhtar, 2017. The participation of women in agricultural activities in rural areas of district Faisalabad. International Symposium on Global Value Chain and Decent work UAF. (December 01-02, 2017).
3. Maqsood, S., S. Akhtar and S, Akram. 2017. Challenges and Scope of Sociology in Pakistan. National Conference on Teaching Sociology in the Muslim World:

- Challenges and Remedies. University of Gujrat, Punjab Higher Education Commission Lahore- Pakistan,(March 21-22,2017).
4. Maqsood, S., S. Akhtar, N, Nawaz. and I, Ashrif. 2016. A study of child labour in agriculture sector in rural areas of district Faisalabad. 1<sup>st</sup> National conferences on Emerging Trends & Challenges in Social Sciences. Bahauddin Zakariya University Multan- Pakistan, (15<sup>th</sup> -16<sup>th</sup>, 2016).
  5. Akhtar, S. and S, Akram. 2017. Analyzing the Sustainability in Vegetable Farming of the rural areas in District NanaKana Sahib. International Conference Sustainable Agriculture in Pakistan UAF.
  6. Akhtar, S. S, Ahmad. And U, Nawaz. 2017. Child Labour in Agriculture sector in the rural areas of Punab- Pakistan. International Symposium on Global Value Chin and Decent work UAF. (December 01-02, 2017).
  7. Sadia, A., A. Meraj. J, Ali. A, Akarm. A, Ghafoor. A, Asghar. And S. Akhtar. 2017. Rice Value Chain in Punjab: Current Practices and emerging Issues. International Symposium on Global Value Chin and Decent work UAF. (December 01-02, 2017).
  8. Muhammad, A., S. Akhtar. A, Ali. and M, Zeeshan. 2017. Ground water management & Agricultural Economy- Impact on Vlue Chin and Role of Gander.
  9. International Symposium on Global Value Chin and Decent work UAF. (December 01-02, 2017).
  10. Saira, A. M, Zeeshan. C, Allan. And M, Mitchell. 2019. Community involvement in water management in Punjab, Pakistan: A strategy to sustainability of livelihoods of farmers. Australasian Groundwater Conference in NCGRAT. (24-27 Nov 2019).
  11. Ahmad, S., Huifang, W., Akhtar, S., Imran, S., and Yousaf, H. (June 26,27; 2019). An Analytical Study of Child Labor in the Agricultural Sector of the Rural Areas of Central Punjab, Pakistan (Abstract). International Symposium: GVC & Decent Work Deficit in Agriculture: ISBN: 979-969-9700-01-9, Volume 2, page 95.
  12. Ahmad, S., Huifang, W., Akhtar, S., Imran, S., and Yousaf, H. (June 26,27; 2019). Urbanization in Pakistan: Evidence From Literature (Abstract). International Symposium: GVC & Decent Work Deficit in Agriculture: ISBN: 979-969-9700-01-9, Volume 2, page 96.
  13. Ahmad, S., Huifang, W., Akhtar, S., Akhtar, S., Yousaf, H. and Imran, S. (June 26,27; 2019). Impact Assessment of the Better Management Practices (BMPs) of Cotton in District Khanewal, Punjab Province, Pakistan (Abstract). International Symposium: GVC & Decent Work Deficit in Agriculture: ISBN: 979-969-9700-01-9, Volume 2, page 97.
  14. Ahmad, S., Akhtar, S., Huifang, W., Akhtar, S., Yousaf, H. and Imran, S. (June 26,27; 2019). Male Chauvinism, Reality or Myth: A Sociological Study of the Rural Areas of Central Punjab (Pakistan) (Abstract). International Symposium: GVC & Decent Work Deficit in Agriculture: ISBN: 979-969-9700-01-9, Volume 2, page 98.

15. Ahmad, S., Huifang, W., Akhtar, S. (2020). Urbanization in Pakistan: Evidence From Literature. 4<sup>th</sup> International Management and Social Research Conference Jun 5-6, 2020, İstanbul / Turkey. ISBN: 978-605-65197-5-8.
16. Akhtar, S., Ahmad, S., Huifang, W. and Imran, S. (2021). Assessment of Women's Economic Empowerment in the Rice Cultivation Sector in Upper Punjab Region of Pakistan. 6<sup>th</sup> International Management and Social Research Conference Jun 5-6, 2020, İstanbul / Turkey. ISBN: 978-605-65197-9-6.
17. Khan, N. S., Ahmad, S., Libin, W., Imran, S., and Hassan, G. (2021). Analyzing Poverty Reduction and Community Development Programs of Pakistan: Outcomes, Challenges and Lessons Learned. 6th International Management and Social Research Conference Jun 5-6, 2020, İstanbul / Turkey. ISBN: 978-605-65197-9-6.
18. Akhtar, S. and Ahmad, S. (2021). Agricultural Interventions, Rural Women, and Sustainability. 7th International Management and Social Research Conference. May 19-21, 2021, İstanbul / Turkey ISBN: 978-625-00-9923-0.
19. Akhtar, S. and Ahmad, S. (2021). Rural Women's Access and Control over Productive Resources in Pakistan. 7th International Management and Social Research Conference. May 19-21, 2021, İstanbul / Turkey ISBN: 978-625-00-9923-0.
20. Akhtar, S. and Ahmad, S. (2021). Women Empowerment in Agriculture: Issues, Challenges and Policy Options in Pakistan. 7th International Management and Social Research Conference. May 19-21, 2021, İstanbul / Turkey ISBN: 978-625-00-9923-0.

### **Books:**

1. Kusair, R., and **Akhtar, S.**, (2015). Factors Affecting poverty status of landless and peasant women. Publisher: Scholar Press Germany. ISBN: 978-3-639-71133-2
2. **Akhtar, S.**, (2012). Integrated Development Model for P. Publisher: Scholar Press Germany. ISBN: 978-3-639-51081-2, (2013)
3. Mubashir, M., **Akhtar, S.**, and Ghfoor, A., (2019). Decent work Agenda in Agribusiness Value chains in developing countries. Pub, ICDD. Vol,1,2

### **News Paper Articles:**

1. Nazia, T. and **S. Akhtar**. (2014). Development phase in present scenario. The DAWN.
2. Jurm kahan sy aa rha hi. Newspaper article. (2013)
3. Mushtarka khandan and naujawan nasal. Newspaper article. (2013).
4. **Saira, A.** 2003. Poverty Reduction through Integrated Development. Daily DAWN, Lahore, July 28.
5. **Saira, A.** and Z. Perveen. 2008. Role of PRSP in poverty alleviation. The Nation, 2008.

### Research Reports:

1. Participatory Rural Appraisal (PRA) / CO- inquiry report, Punjab, Improving Ground Water Management to Enhance Agriculture and Farming Livelihoods in Pakistan, project, Lower Bari Doab Canal-CWR- 036/2015  
(Published by project ACIAR)
2. Impact Assessment of Canal Lining in Punjab, Socio economic impacts of canal lining, Punjab Irrigation System Improvement Project (PISIP), Irrigation Research Institute. Funded by JICA. 2018 ( Published by project).
3. Gender, Groundwater and Livelihoods in Pakistan, Report no 146, ACIAR, ILWS website (available on). Charles Sturt University, Institute of Land, Water and Society

### Resource Material/ Training Manuals:

1. **Saira, A., and Ghfoor, A.,** Mohzab Mohal ma Chawal ki beachi Sarfien tak Rasahi ka Mumkna Akidment. Pub, by Doaba Foundation.
2. **Saira; A.,**Tarbarti Katbacha barya school health Education. Makhma Bahbod abadi Hukumat Punjab. Supported by Green Emergency Forum.

### Seminars/workshops Attended

Sr. No	Title	Venue
1	Mega event of population	UAF
2	Faculty Professional Development Programme, Higher Education Commission, Islamabad	Islamabad
3	Project Planning Techniques, Planning Commission, Islamabad	Faisalabad
4	Orientation Training Workshop (community development) NRSP	Islamabad
5	Refresher workshop for community organization NRSP.	Islamabad
6	Profile for Achieving Creativity and Techniques (PACT). Training, NRSP.	Islamabad
7	Dorine Plantengas workshop on gender.	Islamabad
8	Training on Gender and Development, NRSP.	Islamabad
9	Design and Organization of Training Events, NRSP.	Abbott Abad
10	Rural Credit and Enterprise Development, NRSP.	Islamabad
11	Community based Family Planning, NRSP.	Islamabad

12	Thematic Training of Trainers, ADHR, Islamabad.	Islamabad
13	Attended seminar on, "The role of Gender in formation of Collation".ADHR Islamabad.	Islamabad.
14	The workshop on Poverty Alleviation organized by GHK Int. Ltd. UK/DFID at FAUP, Faisalabad.	Faisalabad
15	Attended a seminar on Education in Urban Slums, FAUP/GHKI	Faisalabad
16	Team Building Workshop organized by FAUP, Faisalabad.	Faisalabad
17	Logical Framework, facilitated by British Council, Islamabad, organized by FAUP, Faisalabad.	Faisalabad
18	Non-formal Functional Literacy Training organized by FAUP and facilitated by Bunyad, Lahore.	Lahore
19	Workshop on Solid Waste Management, Consultant from Loughborough, University, UK.	Faisalabad
20	Environmental Orientation Workshop, FAUP.	Faisalabad
21	Orientation to Health Promotion for Primary Health Care Team, Agha Khan Health Services, Pakistan at FAUP.	Faisalabad
22	A seminar on Water Logging and Salinity organized by IWASRI, Lahore.	Lahore
23	Attended workshop on Water Logging and Salinity Problems, IWASRI, Lahore.	Lahore
24	Seminar on Poverty organized by Action Aid Pakistan.	Islamabad
25	Participatory Rural Appraisal Training of Trainers, Action Aid Pakistan.	Bahawalnagar
26	Attended Asian Regional Gender Workshop by Action Aid Pakistan.	Islamabad
27	Workshop on Gender (RABTAY), Action Aid Pakistan	Bahawalnagar
28	Workshop on Access (Non-Formal Education System) by Action Aid Pakistan.	Bahawalnagar/Islamabad
29	Attended Decentralization Workshop,DFID/ British Council.	Islamabad/Fort Manru
30	Attended DFID Management Development Conference, British Council	Bhurbhan

31	Attended DFID Social Sector Conference for Projects, British Council.	Bhurbhan
32	Attended District Health Management Team Workshop, British Council and many others.	Islamabad
33	Attended Lectures on “WTO Regime and Trade Liberalization” by Martin Kohar, Director Third World Network (TWN).	Faisalabad
34	Literature review and Participatory Rural Appraisal analysis ,	ACIAR/CSU Islamabad
35	Training workshop: Impact pathway analysis and monitoring evaluation reporting learning	ACIAR, Islamabad
36	Capacity building on technical writing	PCRWR-CSU, Islamabad
37	Preparation of value-added products of olives	CEFORT, Barani Agricultural Research Institute, Chakwal

### **Seminars/Workshops Organized/ Trainer/ Focal person**

<b>Sr. No</b>	<b>Title</b>	<b>Venue</b>
1	Seminar on Anti Narcotics, University of Agriculture\, Faisalabad	Faisalabad
2	Reproductive Health course at health services academy, Islamabad. By Dr. Amytsui Director Bill, Melinda Gates Institute for Pop. And Reproductive health.	Islamabad
3	Organized participatory orientation workshop for primary school teacher’s f/m of Pindi Bhattian.	Pindi Bhattian
4	Arranged photo exhibition about water logging & salinity - how we can control this through education programme.	Pindi Bhattian
5	Conducted Community Development workshops for activists and field staff / professionals.	Turbat, Bahawalnagar, Faisalabad, Islamabad, Pindi Bhattian
6	Conducted Sponsorship and education workshops for professionals, teachers, community and children.	Bahawalnagar, Haripur



7	Conducted Gender& Development workshops for activists and field staff/ professionals and many others at different levels.	Islamabad, Turbat, Bahawalnagar, Faisalabad, Pindi Bhattian, Satiana
8	Arranged many forums for discussions and sharing between NGOs/Projects and Govt departments.	Lahore, Islamabad, Faisalabad, Bahawalnagar, Attock, Chakwal, Pindi Bhattian, Satiana, Murree, Kotli Satian etc.
9	Attended “Agro Enviorn 2000” International symposium Trakiya University, Tekirdagh Turkey.	Turkey
10	Exposure visit of Tehran University, Iran.	Iran
11	Conducted training of trainers (TOT) for FFL project.	Lahore, Chakwal, Narowal, Quetta, Islamabad
12	33 <sup>rd</sup> all Pakistan Science Conference on “ Science for Economic Development of Pakistan”. Held at University of Agri, Fsd. 2002.	Faisalabad
13	Coordinated the international workshop held in Islamabad on “Sustainable Livelihoods & Drought Management in South Asia” organized by Sasi Waters India, Development Vision & SDPI Islamabad. 2003.	Islamabad
14	Participated in a 5 <sup>th</sup> International Sustainable Development Conference “Sustainable Development & Southern Realities: Past and Future in South Asia organized by SDPI Islamabad. 2003	Islamabad
15	Presented paper in 5 <sup>th</sup> International Conference on Population and Development. “Integrated Approach for Poverty Reduction from Punjab”. 2004	Karachi
15	Training lecture (SWOT Analysis and business plan of farm). 09/11/2019.	UAF
16	Training lecture Inspiration and Behavior Change, 15/11/2019.	UAF
17	Sessions with farming communities on decenet work	Oxfam/ Doaba

## Research Projects:

- Erasmus+ Programme of students and faculty exchange with Kassel university, Germany.
- Gender equality and women rights in rural livelihoods evidence from selected Asian and African countries. (Ghana, Kenya, India and Pakistan Funded by ICDD. 2<sup>nd</sup> phase, running), 2015.
- Improving ground water management to enhance agriculture and farming livelihoods in Pakistan. Funded by ACIAR. 2016 – 2020.
- Social, Economic and Environmental conditions of Rice Value Chain for Rice Growers and Workers in Punjab. Funded by Oxfam International and in collaboration with Doaba Foundation. 2016 -2018, MOU with UAF for further researches.
- Impact Assessment of Canal Lining in Punjab. Funded by JICA, PISIP project executed by PID. Consultancy
- Social Norms Assessment and Women Economic Empowerment, Punjab, study. Funded by Oxfam International. 2018 - 2019.
- China – Pakistan Poverty Reduction Cooperation Research” collaboration with China Agricultural University, Beijing. / IPRCC. Consultancy
- Research study on China’s Communication with the International Society on China’s Poverty Reduction. Funded by IPRCC. Consultancy
- Women Empowerment through Agricultural Development. Funded by ALP- II.
- Poverty and Gender inequality in Rural Livelihoods: Evidences and Policy Options. Funded by ALP- II.
- Home Based Workers in city Faisalabad in collaboration with FPAP/ Rahnuma.
- Impact assessment and evaluation of projects under endowment fund FDTTDP. Funded by Endowment Fund- UAF.
- Center for poverty Reduction (CPAD) in UAF, recently submitted to Ministry of S&T / P& D for funding.
- Training of women farmers regarding food processing and preservation in rural areas of Punjab, Pakistan. (outreach) □ Social organization (outreach)
- A Comparative Study of Socio Economic Factors Associated with various Categories of Adopters of Agri. Innovations.
- Socio Economic effects of Pesticides Application to Cotton on Rural Women Involved in Cotton Picking, in Faisalabad district.
- Comparative effectiveness of the sources of information in the adoption of improved agricultural practices of new wheat varieties, Tandilianwal, Faisalabad.
- Community participation in the management of BHU’s with reference to good governance in four districts of Punjab. Gujranwala, Sargodha, Jhelum and Multan. DFID/ FH II Punjab.
- Decentralization of health system down to grass root level with reference to provider user relation DFID/FH II Punjab

- Non-formal education for rural children, health & environmental problems of children. AAPK.
- Female's participation in community based organizations in urban slums of Faisalabad. FAUP/GHKI.
- Programmes impact assessment studies through participation (PIA) GHKI.
- School Children – A solution oriented approach PCDP, UNDP/AusAid.
- Reaching the Un-reached (Salinity education and awareness programme)
- Communication strategies for IWASRI.
- Study of Migration process, its socioeconomic factor and impact on effectees in Ghazi Brotha.
- Many PRA Studies for the situation analysis of communities residing in Ghazi Brotha Hydro Power Project: for designing of integrated rural development project.
- PRA / PLA studies for Action Aid areas, NRSP, British Council/ DFID, FAUP/GHKI and UNDP/ Aus AID for PCDP
- Collaboration with Learning Based Strategies, she means work. Lahore.
- Collaboration with Akhuwat Foundation for Transgender project.
- Collaboration with Pakistan Institute of Peace Studies, Islamabad.

## **Administrative Services**

- Chairperson, Dept. of Rural Sociology
- Examination Coordination
- Ex Member Ethics Committee
- Member Faculty Board of Social Sciences
- Performed various duties time to time assigned by central management & chairs
- Ex Secretary Board of Studies
- Ex Associate Director Student Affairs
- TGM Tutor
- Member endowment fund committee of UAF
- Member grievances committee of UAF
- Member evaluation of research proposals under NRPU, HEC. Committee
- Member DTRC.
- Worked for New Degrees in department M.Phil Rural Sociology in morning, M.Phil Sociology weekend, BS Sociology.
- Working on new degree with Kassel University, Germany support Globalization and Development.

## **Advisory Services:**

1. Ex Member National Council, Family Planning Association of Pakistan.
2. Ex Honorary General Secretary, Lahore region of FPAP.

3. Member advisory committee of Sarsabz Foundation Faisalabad.
4. Vice President Pari Passu Development Organization.
5. Member Population Association of Pakistan.
6. Member Board of Directors Karam Bibi Institute.
7. Research Associate Qaisar Siraj Memorial Trust.
8. Member WISE (Women with International Expertise in Scientific Education) a network at UNESCO.
9. Member working group for creating awareness among female faculty and students regarding rapid human population growth and its implications
10. Vice President Ladies Circle UAF.
11. Gender equality CAS committee.
12. General body member AWARD.

### **Advisory Services to Universities:**

- Member Selection Boards & Scrutiny Committees of:
- University of Sargodha, Sargodha
- Multan Nawaz Sharif University of Agriculture, Multan,
- Bahaudin Zakariya University, Multan
- Govt.College Women University, Faisalabad.
- Member Board of studies, University of Sargodha
- Member Board of Studies & Quality Assurance Committee, Govt College Women University, Faisalabad.
- Member Advisory Board, University of Cape Coast, Ghana
- Member research committee Allama Iqbal Open University.
- Subject Expert of Selection Board of Ghazi University, Dera Ghazi Khan.

### **Media Outreach:**

- Contributed in Starting Radio (FM 100.4) in UAF.
- Quarterly Programs, FM 93, Radio Pakistan regarding women empowerment and farmer's livelihoods. Rural culture with focus on women.
- Gender & women empowerment
- Time to time radio & TV discussions on social issues and current situations and on celebration of different international days i-e decent work day, women day, labour day, world food day etc.

### **Distinction:**

- 1) Mohtarma Fatima Jinnah Award received in 2005. For excellent performance in research, teaching and in the field of development.
- 2) HEC approved supervisor.
- 3) Visiting faculty / Guest Lecturer at university of KASSEL.

### **International Conferences/Workshops Attended:**

- 1) Australasian Groundwater Conference Australia, Brisbane Convention & Exhibition Center, Australia. 22 – 27 November 2019.
- 2) Writers Workshop, Charles Sturt University, Albury Wodonga Campus, Australia. 28 Nov – 6 Dec 2019.
- 3) International workshop of the Gender Equality Research Project, organized by the Department of Labour and Human Resources Studies (DOLAHRS), school for development studies, University of Cape Coast, Cape Coast, Ghana from 06.10.2018 to 12.10.2018.
- 4) International workshop on the project titled “Power asymmetry in the upstream of Agricultural Value Chain” at Harare, Zimbabwe, from 18.01.2019 to 28.01.2019.
- 5) International Gender Project workshop at Institute of Women, Gender and Development Studies, the Egerton University of Kenya from 06.12.2017 to 10.12.2017.
- 6) International workshop on GRAISEA Rice Value Chain Regional Learning and Planning by OXFAM in Bangkok from 28.01.2018 to 01.02.2018.
- 7) International workshop organized by University Autonoma de yucatan (UADY) Mexico and the International Center for Development and Decent Work (ICDD) from 06.11.2018 to 10.11.2018.
- 8) Present a paper in 5<sup>th</sup> conference “Regulating for Decent Work” in the institute for Advanced Labour Studies at University of Amsterdam, Geneva, Switzerland from 01.07.2017 to 06.07.2017.
- 9) ICDD conference at Tata Institute of Social Sciences (TISS) Guwahati, India from 18.02.2016 to 22.02.2016.
- 10) Present a paper in 11<sup>th</sup> Global Labour University Programme’s Conference titled “The Just Transition and the Role of Labour: Our Ecological, Social and Economic Future”, Witwaters rand University, South Africa. from 28.09.2016 to 30.09.2016.
- 11) Second International Symposium on New Technologies for Environmental Monitoring and Agro Applications, Tekirdag/ Turkey University, Turkey. October 2000.
- 12) Exposure visit of Iran’s universities through Tehran University, Iran. 2000.
- 13) International workshop on Gender Equality and Women’s Rights in Rural Livelihoods in Ghana and Pakistan’ held at University of Cape Coast, Ghana from 26.09.2015 to 01.10.2015.
- 14) ICDD Annual Thematic Conference: Reflections on MDG 1 “Decent work for all”: Where do we stand? University of Kassel in Kassel and Witzenhausen, 3 – 7 July, 2014.
- 15) Participated in various International / National conferences.