


Ms. Alvina Haseeb	
Personal:	<p>6-Z-Farooq Shaheed Road, Susan Road, Madina Town Faisalabad.</p> <p>Office # 041-9200161-3413</p> <p>Cell # 0322-60833928, 0339-6083928</p> <p>E-mail id: Alvina.asim@uaf.edu.com.pk</p> <p>Nationality : Pakistani</p> <p>Religion: Islam</p> <p>Status: Married</p> <p>Language: Urdu, English, Punjabi.</p>
Experience	<p><b><u>Day Care Centre UAF:</u></b></p> <p>Advisor Day Care Centre UAF.</p> <p>Duration: 20 Nov 2013- Till Date.</p> <p><b><u>Psychological Facilitator:</u></b></p> <p>Psychological Facilitator of FEED (Forum for Emotional Empowerment and Development)</p> <p><b><u>Day Care Centre UAF:</u></b></p> <p>Duration: June 2013-June 2014.</p> <p>Title: Supervisor Teacher.</p> <p>Institute: University of Agriculture Fsd.</p> <p><b><u>Institute of Home Sciences:</u></b></p> <p>Duration: 8 Sept 2015- to present</p> <p>Title: Lecturer (Human Development and Family Studies)/</p>

	<p>Developmentalist and Life coaching counselor in community. Institute: University of Agriculture Fsd.</p> <p><b><u>Exhibitions:</u></b></p> <p>3 Solo exhibitions of Fashion Designing from 2011-2012.</p> <p><b><u>Exhibitions:</u></b></p> <p>2.5 Months internship in NISE (National Institute of Special Education) H/8-1 Islamabad.</p>
Honors and Awards	<ul style="list-style-type: none"> <li>• Student of the year award in Blessing Home High School, year 2002.</li> <li>• Merit Scholarship in NTC in year 2006-2007</li> </ul>
Memberships	<ul style="list-style-type: none"> <li>• Member of Central Scrutiny Committee of Admissions in 2016-17, 2017-18, 2018-19, 2019-20, 2021-22 and 2022-23. University of Agriculture, Faisalabad.</li> <li>• Member of Vigilance Committee of Institute of Home Sciences.</li> <li>• Member ASA UAF</li> <li>• Member Board of Studies Institute of Home Sciences, UAF.</li> <li>• Member Advisory Committee, Institute of Home Sciences, UAF</li> <li>• Member of Laptop Verification Team for IHS.</li> <li>• Member of Technical Program Committee ICSPHS 2025</li> </ul>
<p>Graduate Students</p> <p>Postdocs</p> <p>Undergraduate Students</p> <p>Honor Students</p>	<p><b><u>Graduates Supervised:</u></b></p> <p>Years, Degree, Name:</p> <p>2015-2026 B.Sc. (Hons) Home Economics 41 students.</p> <p><b><u>Postgraduates Supervised:</u></b></p> <p>Supervisor M.Sc. (Hons) Human Development and Family Studies. 2016-2025 34 students</p> <p>Member of Postgraduate Degree Committees: 2016-2025 52 students</p>

Service Activities	<ul style="list-style-type: none"> <li>• Tutor, “TGM-359” University of Agriculture, Faisalabad.</li> <li>• LMS Manager of “Institute of Home Science”.</li> <li>• Superintendent Zainub Hall University of Agriculture Fsd.</li> </ul>
Brief Statement of Research Interest	<p>Research interest is to bridge the areas of social, personality, developmental psychology and family relations. Focus on the aspects of cognitive and moral development in context of clinic sense to enhance the above areas to precede the world towards the new vision to locus on moral and emotional regulations with the collaboration of psychotherapies along with neuro-cognition capabilities.</p>
Publications	<ul style="list-style-type: none"> <li>• The Effect of Iron and Zinc Fortified Chickpea Energy Bars on Working Memory of Pre-Adolescents. <b>Journal of Population Therapeutics and Clinical Pharmacology.</b> Hira Iftikhar, Maheen Fatima, Beenish Israr, <b>Alvina Haseeb</b>, Imran Pasha, Hafiz Bilal Murtaza, Y, 2023.</li> <li>• Comparative Study of Dietary Habits Between Government and Private School Going Children and Methodologies to enhance Nutritional Care, Parental Counselling, and educational interventions. <b>International Journal of Social and Entrepreneurship.</b> Meh Batool, Hira Iftikhar, Nahel Noor, <b>Alvina Haseeb, Y, 2023</b></li> </ul>