

# Dr. Adeela Manzoor

Lecturer (Human Development & Family Studies)  
Institute of Home Sciences,  
Faculty of Food, Nutrition and Home Sciences,  
University of Agriculture  
Faisalabad, Pakistan.

## Personal Information

**Father name:** Manzoor Ahmad Rana  
**Date of birth:** September 01, 1990  
**National ID No:** 33100-1750026-6  
**Nationality:** Pakistan  
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## Objectives

Seeking an academic position as a researcher and mentor in the field of social sciences. Perform research, including teaching courses and supervising students in their academic assignment and research work.

## Education

<b>2025</b>	<b>Ph.D</b> (Rural Sociology)  Research Topic (Analysis of family dynamics and psychosocial well-being of Migrant's families in rural Punjab ,Pakistan.
<b>2014</b>	M.Sc. (Hons) Home Economics CGPA 3.58/4.00 (Human Development and Family Studies (HDFS), UAF. <b>Research Topic</b> • Determining the Impact of Subjective Well-Being on Academic Achievement of Children in District Faisalabad.
<b>2011</b>	B.Sc. (Hons) Home Economics (HDFS), 3.19/4.00 University of Agriculture, Faisalabad, Pak

**2007** F.Sc. (Pre-Medical) BISE, Faisalabad. 1st Division

**2004** Matric (Science) BISE, Faisalabad. 1st Division

### Professional Qualification

**2013** B.Ed. (General) 3.98/4.00  
Govt, College for Elementary Teachers, Fsd.

### Work Experience

**10<sup>th</sup> Sep. 2015 to Present** Lecturer, University of Agriculture, Faisalabad  
**2<sup>nd</sup> Sep. 2013 to 5<sup>th</sup> Sep. 2015** Lecturer, Aspire Group of Colleges, Fsd.  
**7<sup>th</sup> March to 7<sup>th</sup> April 2011** Internship in Special Education Centers, Faisalabad  
**8<sup>th</sup> April to 7 May 2011** Internship in SOS School Faisalabad

### Research Publication

- 2023** Mukharam Khan, M., S. Aslam, A. Qayyum, M. Luqman, M. Usman, N. Shaheen, **A. Manzoor** and N. Nawaz. 2023. Awareness of Farmers Regarding Extension Services in Afghanistan. Int. J. Agr. Ext. 10 (02).
- 2023** Arshad, L., Q. Ahad, A. Qayyum, N. Nawaz, N. Fatima, M. Usman, M. Khan, Z. Hassan, A. Riaz And **A. Manzoor**. An Experimental to Assess the Impacts of Cooperative Teaching on Academic Performance of Higher Secondary School Students in Faisalabad. J. Arab. Crops Market. 05(01).
- 2022** Javeed, I., **A. Manzoor**, I. Ashraf, M. Iftikhar, M. Usman, I. Riaz, M.A. Aslam, S. Iqbal, N. Nawaz, S. Aslam, K. Ahmad, M. Aslam, S. Ali, S. Usman, A. Zahid. Impact of breakfast on the school performance of adolescents in district, Faisalabad. INT-JECSE. 14(2)
- 2022** Ishfaq, N., S. Aslam, I. Feroz, S. Mushtaq, I. Riaz, M. Usman, M.A. Aslam, R.M. Waqas, A.S. Shinwari, S. Iqbal, N. Nawaz, K. Ahmad, H. Hina and **A. Manzoor**. Effect of Institutional Environment on Teacher's Job Satisfaction in Faisalabad City. INT-JECSE. 14(5), 2411-2417.
- 2022** Zahid, A., K. Mahmood, I. Ashraf, M. Usman, H. Raza, I. Riaz, M.A. Aslam, S. Iqbal, M. Salma, K. Ahmad, A. Riaz, **A. Manzoor** and N. Nawaz. Impact of The

Online Learning Techniques on Students' Cumulative Grade Points. INT-JECSE.14(1). 3192-3198.

- 2022** Usman, M., K. Mahmood, I. Ashraf, M.A. Aslam, M. Shoaib, A. Riaz, N. Nawaz, A. Zahid, **A. Manzoor** and I. Riaz. Use of Information Sources Among Farmers for Weeds Management in Four Cropping Systems of Punjab, Pakistan. Int. J. Agr. Ext. 10(1). 241-249.
- 2022** Aslam, S., A. Qayyum, **A. Manzoor**, H. Hina, M.A. Aslam, K. Ahmad, W. Akram and N. Nawaz. Analyzing the Workload and its Effects on Teachers Motivation in the City of Faisalabad, Pakistan. J.S. Asian Stud. 10(03). 317-322.
- 2015** **Manzoor, A.**, A. Siddique, K. Ashgar, R. Nazir and S. Hassan. Child health; association between children's subjective well-being, age and socioeconomic status. Professional Med J;22(7):924-930.
- 2014** **Manzoor, A.**, A. Siddique, F. Riaz and A. Riaz. Determining the impact of Subjective Well-Being on Academic Achievement of Children in District Faisalabad. Mediterranean Journal of Social Sciences. 5(23):2673-2678.

#### Abstracts

- Riaz, A., F. Riaz, H. Iftikhar, **A. Manzoor**. "Role of Punjab Rural Support in Provision of Healthcare facilities to combat Malnutrition: A case study of District Faisalabad" Published in Ist International Food & Nutrition Conference April 3-4, 2017 Sustainable Approaches to Combat Nutrition". Organized by Institute of Home Sciences, University of Agriculture, Faisalabad. Pakistan pp-09.
- Riaz, F., A. Riaz, **A. Manzoor**, A. Haseeb. "Impact of women employment on children health" Published in Ist International Food & Nutrition Conference April 3-4, 2017 Sustainable Approaches to Combat Nutrition". Organized by Institute of Home Sciences, University of Agriculture, Faisalabad. Pakistan pp-13.
- Arshad, A., M. Aadil, M. Inam-Ur-raheem, **A. Manzoor**, R. Fatima, A. Qudoos. "Meat emulsion fortified for better sensory and nutritive value" Published in Ist International Food & Nutrition Conference April 3-4, 2017 Sustainable Approaches to Combat Nutrition". Organized by Institute of Home Sciences, University of Agriculture, Faisalabad. Pakistan pp-21.

- Chaudhry, S., Zia-ur-Rahman, A. Asghar, **A. Manzoor**. “Effect of orally Administered Neem based Herbicide ( Azadirachta Indica) along with Zinc Oxide on the liver enzymes of Albino Rats” Published in Ist International Food & Nutrition Conference April 3-4, 2017 Sustainable Approaches to Combat Nutrition”. Organized by Institute of Home Sciences, University of Agriculture, Faisalabad.Pakistan pp-36.
- Talat, A., A. Asghar, S. Chaudhry, **A. Manzoor**, K. Khalid. “Effective applications of nanotechnology that improve the practicality in medical textile.” Published in Ist International Food & Nutrition Conference April 3-4, 2017 Sustainable Approaches to Combat Nutrition”. Organized by Institute of Home Sciences, University of Agriculture, Faisalabad. Pakistan pp-51.
- **Manzoor, A.**, M. Aadil, A. Riaz, F. Riaz S. Chaudhry, A. Asghar. “Factors effecting the nutritional status of children.” Published in Ist International Food & Nutrition Conference April 3-4, 2017 Sustainable Approaches to Combat Nutrition”. Organized by Institute of Home Sciences, University of Agriculture, Faisalabad. Pakistan pp-75